

Better Together! Eliminating Barriers to Focus on Whole Child Health through the Integration of Micro Clinics and Telehealth in Rural Schools

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### Objectives



Participants will be able to identify 3 strategies to eliminate barriers to access for whole child health within educational settings.



Participants will develop an understanding of how to create partnerships between schools, health care providers, and mental health providers to address the full continuum of care.



Participants will be able to identify ways that whole child health contributes to social emotional learning the classroom.

## Why Do We Utilize Telehealth for Intakes in the School?

- Delays in Onboarding...Leading to Higher Risk of No Show
- Large and Unmanageable caseloads
- Increase Access and Services to Meet the Student Where They Are
- More Services in More Schools at One Time
- Helps to reduce stigma of going to an office for treatment

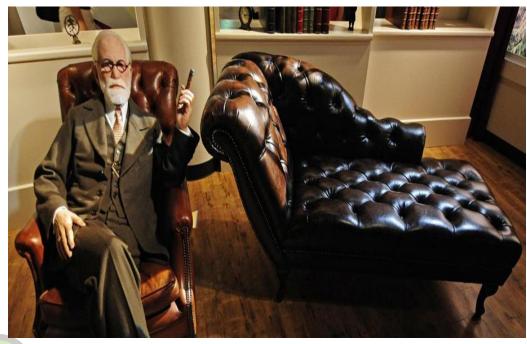
- Utilization of Specific School-based Therapists for all Rural School Corporations
- Rapid Access to All Service Lines
- Increases Potential of Consumers Served
- Reduction of School Absences
- Can be an effective treatment option for most diagnoses





## Cultural Transformation Why not behavioral telehealth?

FROM





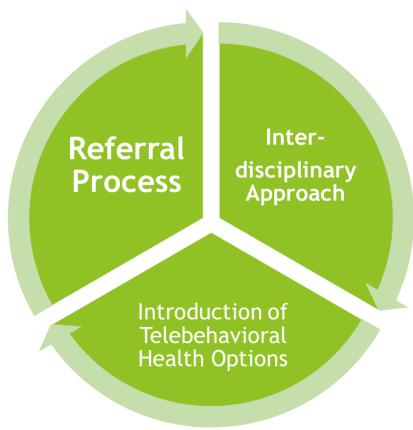


# The Integration of Micro Clinics to Help Support Whole Child Health

- Engage in productive dialogue with schools and local health care centers regarding mental health integration.
  - Initial school and health care provider contacts and communication
  - Frequent and informative meetings with school administrators and partners
  - Medical/Mental Health/School partners working together to create an atmosphere of whole health for our students



## Partnerships Address Full Continuum of Care







Whole Child Health Outcomes



### References

- CASEL. (2019). What is SEL? Retrieved from
  - https://casel.org/what-is-sel/





### Questions?

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