



Anthem

**A name you know.
The plan you trust.**

Serving Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect

Who we are

Since 2007, we've helped Hoosiers get Medicaid benefits:

- We serve over 450,000 members.
- We work with more than 8,000 doctors, hospitals and other providers.

We do more to help our members stay healthy, such as:

- Helping them find doctors who fit their needs.
- Listening to their health care needs and goals.
- Offering free health education classes to help them prioritize their health.



Three coverage plans

Hoosier Healthwise (HHW)

For women who are pregnant, and
children

Healthy Indiana Plan (HIP)

A Medicaid alternative plan for low-
income adults ages 19 to 64

Hoosier Care Connect (HCC)

For aged, blind, or disabled persons,
foster children, or wards of state

How to enroll

Not an Anthem member yet?

It's easy to apply and choose us as your health plan:



Hoosier Healthwise

Call 1-800-403-0864 or visit in.gov/medicaid/members



Healthy Indiana Plan

Call 1-877-GET-HIP9 (1-877-438-4479) or visit www.HIP.in.gov



Hoosier Care Connect

Call 1-866-963-7383 or visit in.gov/medicaid/members

No-cost extra benefits

Enhanced member benefits	HHW	HIP Plus	HIP Basic	HCC
WW [®] (formerly Weight Watchers [®])		X		X
Gym membership		X		
Boys & Girls Club membership	X			X
High school diploma equivalency assistance		X	X	X*
Rides to the doctor	X	X	X	X
Home-delivered meals	X	X	X	
No-cost pregnancy test	X	X	X	
Free monthly minutes, data and texts with a SafeLink cellphone	X	X	X	X

**Only for HCC members who are in foster care, receiving adoption assistance, wards of the state or formerly in foster care.*

No-cost extra benefits (cont.)

Enhanced member benefits	HHW	HIP Plus	HIP Basic	HCC
Youth and adult hygiene kits	X	X	X	
Community Resource Link	X	X	X	X
Hypoallergenic bedding	X	X	X	
Magazine subscriptions	X	X	X	X
Assistive devices				X
Tutoring assistance				X*
Comfort cases — duffel bag				X*

**Only for HCC members who are in foster care, receiving adoption assistance, wards of the state or formerly in foster care.*

24/7 NurseLine

A helpful support team our members can reach anytime, day or night.



The NurseLine staff:

- Connects you to a registered nurse on the phone.
- Helps you understand your medical condition and treatment.
- Helps you find an urgent care center or walk-in clinic nearby.
- Advises you of the right place to go for care. If the 24/7 NurseLine staff tells you to go to the ER, you won't have to pay a copay if you have one.

Blue Ticket to Health

We partnered with the Indianapolis Colts for **Blue Ticket to Health** as a way to help you stay healthy. And be a winner!

All you have to do is get your wellness checkup, and you'll be entered for a chance to win prizes like game tickets and various Colts merchandise.

- Call Member Services if you need help setting up your checkup.
- Available for all Anthem members ages 3 and up.



Blue Ticket to Health
JOIN THE TEAM!

Anthem and the Indianapolis Colts have teamed up to help you stay healthy through the Blue Ticket to Health program. Call your doctor to schedule a wellness checkup today and you can be a winner!

Here's how to play:

- You must be age 3 and up.
- You must be an Anthem member in Hoosier Healthwise, Healthy Indiana Plan or Hoosier Care Connect at the time of service.
- Call your doctor to set up a wellness checkup for you and/or your children.

After your wellness checkup is complete, you'll be entered for a chance to win one of hundreds of prizes, including Colts tickets for an exclusive home game experience and various Colts merchandise.

Children, teens and adults need to see a doctor every year, even if they're not sick. Need help setting up an appointment? Call Member Services:

- 1-866-408-6131 — Hoosier Healthwise, Healthy Indiana Plan
- 1-844-284-1797 — Hoosier Care Connect
- TTY 711

Go to www.anthem.com/blueticket to find out more.

Anthem   | 

Serving Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect
Anthem Blue Cross and Blue Shield is the trade name of Anthem Service Company, Inc., independent business of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

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Health education

Health education workshops

Topics include:

- Preventing germs
- Oral care
- Men/women's health
- Prenatal care
- Nutrition
- Dealing with stress
- And more

To schedule a health education workshop, email
IndianaHealth@anthem.com today.

Questions?

Katie Rodriguez

Indiana Medicaid Community Relations Consultant

Katherine.Rodriguez@anthem.com

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How MCEs Work With Schools and the School Community

Indiana School Health Network
2020 Annual School Health Conference
June 29, 2020


CareSource[®]

Confidential & Proprietary



CareSource

- **School-Based Health Program**
- Angie Summers,
School-Based Health Administrator





Objectives

- Describe the **role** of an MCE

- Explain how and why MCEs **partner** with the schools and school communities

- Explain the **relationship** with community partners

- Provide **examples and opportunities** for partnerships

CareSource is a nonprofit health plan nationally recognized for leading the managed care industry in providing member-centric health care coverage.

CareSource is living its mission to make a lasting difference in its members' lives by improving their health and well-being. We understand the challenges consumers face navigating the health system, and we work to put health care in reach for those we serve.

Our vision is to transform lives through innovative health and life services.



Managed Care Entity (MCE)

Medicaid – a federal and state funded public health insurance program. Each state operates its own Medicaid program within the federal guidelines.

States contract with MCEs to deliver the health care services. MCEs are organized to manage cost, utilization and quality. States have regulations and performance metrics that must be met.

Individuals choose or are assigned to an MCE. There are four in Indiana. All have the same regulations to follow, but may differ in provider networks, special programs and enhanced services.



School-Based Health Program

- *We work to develop and enhance relationships with schools, local providers and community partners in underserved areas throughout the state.*
- Through collaboration, the overall wellness of youth is improved by providing resources and implementing quality health initiatives in schools.



Community Partners

- Provide **additional resources** in the school and community

- Have **experience** and **specialized knowledge** in a specific area

- **Known and trusted** in the community



Telebehavioral Health Project

- Rural school in **Orange County, IN**

- **IU Behavioral Health**

- **Indiana Rural School Clinic Network, IHRA**

- **Lincoln Hills Development Corporation, Covering Kids and Families**



Charter School in Marion County

- **Nutritious food** to students in need over extended breaks from school

- **Pedometer Program**

- Assistance with new **PE equipment**

- Organization of required **CPR training** for students



Opportunities

Wellness and Disease Management Education

School Gardens

Telebehavioral Health Programs

Activity Programs

Coordination of physical and dental wellness exams



Contact Information

- If you would like to work with CareSource to incorporate programs focused on wellness and prevention for youth in your school community or would like information about our programs, please contact Angela.Summers@CareSource.com





CareSource[®]





School Outreach

Providing health coverage to Indiana families since 1994

- Indiana-based, nonprofit managed care entity (Health Plan) serving low-income Hoosiers. Our parent organization, McLaren Health Care, is a nonprofit integrated health system who believes all Indiana families should have access to high quality health care regardless of income.
- Serves Hoosier Healthwise (HHW) and Healthy Indiana Plan (HIP).
- MDwise has been giving the best quality of health care to Indiana's families since 1994.
- Policy and direction comes from State, provider organizations, community partners and participating providers.
- MDwise became NCQA accredited in 2009.

Schools and School Community

- MDwise is committed to improving the health of students and their communities, MDwise works with schools throughout the State – providing schools & school-based health centers with information on the Indiana state health care programs, presentations to school nurses, and educational programs for students on healthy living, preventive care. MDwise provides information on community enrollment centers to direct families on how to apply for state health plans.

- Ms. Bluebelle's Club For Kids
- MDwise Rewards Program
- TEENconnect
- WELLNESSchats



- MDwise partners with many community organizations who are actively involved with schools and the school community. Some partners include but are not limited to:
 - Covering Kids and Families
 - Shalom Health Care Center (works with 28 schools in Marion County,)
 - Adult and Child (works with 120+ schools in Marion, Johnson, Bartholomew, Morgan and surrounding counties)
 - Wayne Township LAP (Language Assistance Program)
 - Coolsprings Elementary School (Laporte county)
 - Fort Wayne Community Schools
 - Evansville Vanderburgh School Corp

Opportunities for Schools and the

- MDwise can attend these types of events to provide education:
 - Health and Wellness Fairs
 - Family Nights
 - Back to School events
 - Kindergarten registration
 - Carnivals
 - Field Days
 - Mascot appearances
 - Career Fairs
 - And more!



- MDwise can provide these kinds of presentations and activities:
 - Professional presentations to school staff
 - Presentations to parents and/or students
 - Health related speakers and activities
 - Health insurance resources such as brochures and enrollment referrals
 - And more!



- Some events we've partnered, sponsored and/or attended include but aren't limited to
 - Kindezi Academy Family Health Fair & Stem Night
 - Northwest Community High School Community Resource Fair
 - Multicultural night at Charles W. Fairbanks Elementary School
 - Early Head Start Family Night
 - Johnson County Fast Track Back to School events
 - Hamilton County Kids Coats Opportunity Village events
 - Wayne Township Winter Games

- Central Region and surrounding counties, West Central region, South East Region: Rachel Maxey, rmaxey@mdwise.org, 317-822-7156, C. 317-407-7582
- Northwest Region: Autumn Slaughter, aslaughter@mdwise.org, C. 317-517-1973
- Northeast Region: Celia Reyes, creyes@mdwise.org, C. 317-719-5602
- East Central Region: Cherish Ruble, cruble@mdwise.org, 317-822-7462
- South Region: Garra Schulze, gschulze@mdwise.org, 463-203-2145

MDwise Customer Service Representatives
are available Monday through Friday 8:00 am to 8:00pm

NURSEon-call line 24 hours/day, 7days/week

Phone: 1-800-356-1240

Indianapolis area: 317-630-2831

Option 2 for HHW, Option 3 for HIP

HHW-Fax: 1-877-822-7190

HIP-Fax: 1-877-822-7192

Website: MDwise.org

- Thank you for participating in today's presentation

Questions?

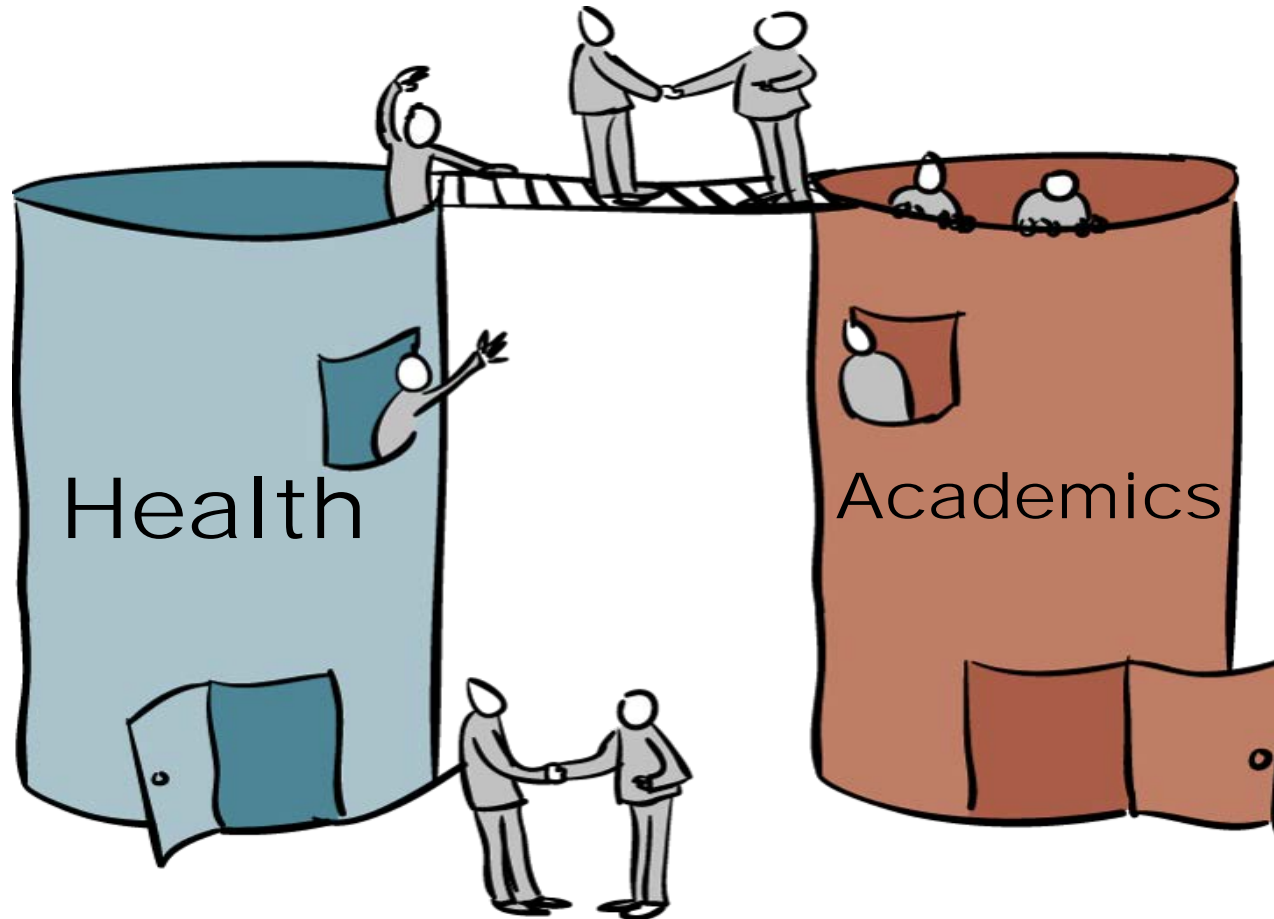
How MHS Works with Schools and the School Community



Agenda

- I. Why MHS Support Schools
- II. How MHS Supports Schools
- III. Adopt-A-School Programs
- IV. School Based Health Clinics and Telehealth

Bridging the Gap!



Adopt-A-School Program



Whole School, Whole Community, Whole Child (WSCC)



MHS' Adopt-A-School Program

Programming supports WSCC by:

Health Education

- Kids Club
- GoNoodle
- Field Trips

Physical Education & Physical Activity

- Rosie's Rockin' Recess featuring Playworks and including a financial donation to the school's PE program

Nutrition & Food Insecurity Services

- Adoption of school's food pantry program
- Opportunity for participation in Every Kid Healthy Week

Health Services; Counseling, Psychological & Social Services

- School Based Health Centers
- Telehealth initiatives and Nurse kits that supplement supplies

MHS' Adopt-A-School Program

Programming supports WSCC by:

Social & Emotional Climate

- Bully Prevention programming and SEL curriculum
- Balanced Child
- No One Eats Alone Day

Employee Wellness

- Behavioral Health trainings (CEs offered)
- Foster care trainings (CEs offered)

Physical Environment




- Support of Walk to School Day

Family Engagement & Community Involvement

- Health Fairs
- Community Chat Town Halls
- Healthy Lifestyle Events
- Enrollment Events





Rosie's Rockin' Recess

MHS has created **Rosie's Rockin' Recess**, a 60-minute interactive presentation targeted for students grades K-3 that includes:

-  A health presentation by MHS Chief Medical Officer and Practicing Pediatrician, Eric A Yancy, MD, featuring RosieRoo highlighting the **5-2-1-0 curriculum**.
-  Instructions on fun games that students can take with them to play at recess from **Playworks**.
-  **Financial donation** or additional Playworks trainings and resources for the school.







Bully Prevention Event

-  A **presentation** from the Joseph Maley Foundation's Puppet Friends and guest speaker.
-  Contest to **promote bully prevention** and healthy breakfast party for winner.
-  **Billboard** signed by students and displayed in the community.
-  Opportunity through our partnership with IN*SOURCE to coordinate a **bully prevention workshop** the same afternoon/evening targeted for parents titled *What Parents Can Do!* (optional)




Balanced Child

Balanced Child events give children and parents the tools for whole health practices while introducing them to yoga.


-  30 minute **yoga class** with certified instructor.
-  Free **yoga mat**.
-  Learn the signs and symptoms associated with **anxiety and depression**.
-  Receive take away sheet for parents.




No One Eats Alone Day

 In partnership with the national non-profit group Beyond Differences, MHS works with middle schoolers across the state to observe national No One Eats Alone Day.




 MHS illustrates to students the effects of bullying and social isolation through a drama performed by Young Actors Theatre.

 Following the presentation, students are given ice breakers to start conversations with new friends during lunch.




Programs for Families


Healthy Lifestyle Event

 This fun, interactive event helps students and parents learn about healthy cooking and exercise from experts. This event also includes giveaways, health education materials, and free health screenings.

Maximize Your Health

 Health insurance shouldn't be stressful. This free program for MHS members teaches participants how to make the most of their health coverage. Participants learn how insurance works, how to earn rewards for getting care, how to find resources and get support, and more!





Community Chat

 MHS can help you host a community chat around a health topic that's important to your community, like how to stop smoking or diabetes education. Local health experts will present information in a fun, interactive format and answer questions.

School Based Health Clinics & Telehealth Initiatives





Types of SBHC

Onsite




-  Nurse Practitioner or Medical Doctor located on school grounds to diagnose and treat students.
-  Within school, mobile staff and community members can also be seen if allowed.
-  Around 30 or less SBHCs in Indiana.
-  Over half located in Central Indiana.

Types of SBHC

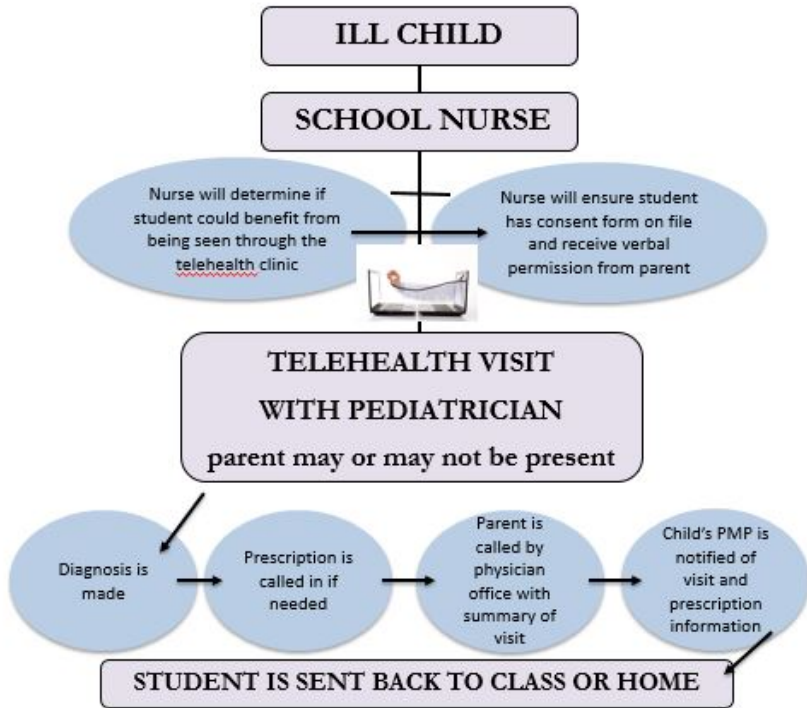
Telehealth

-  The use of electronic information and telecommunications technologies to support long distance clinical health care.
-  In the school setting, the school nurse acts as the ‘presenter’ and uses the diagnostic tools so that the provider can conduct a virtual visit.
-  Hub site: Location where provider is based.
-  Spoke site: Location where patient is based.

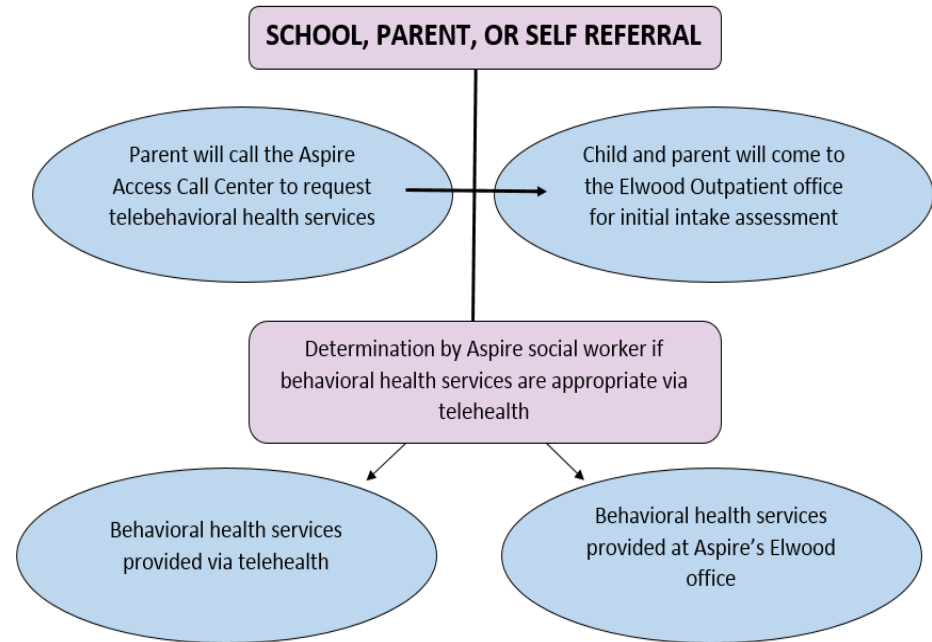
Why Telehealth?

-  **Cost effective investment:** proven to reduce, inappropriate ER use and hospitalization rates, as well as increase use of primary care. On the school end, it has been shown to decrease absenteeism, increase seat time, and decrease behavioral health issues.
-  **Attract hard to reach populations:** especially males and minorities.
-  **Meet students where they are:** to provide care to those with or without a medical home.
-  **Increase access** to healthcare for medically underserved children and families.
-  **Opportunity to reduce barriers** to health and behavioral services to children and their families.
-  **Increase awareness and education** about health and behavioral issues in the community.

Telehealth Clinic Model



Physical Health



Behavioral Health

MHS' Collaborations

Onsite

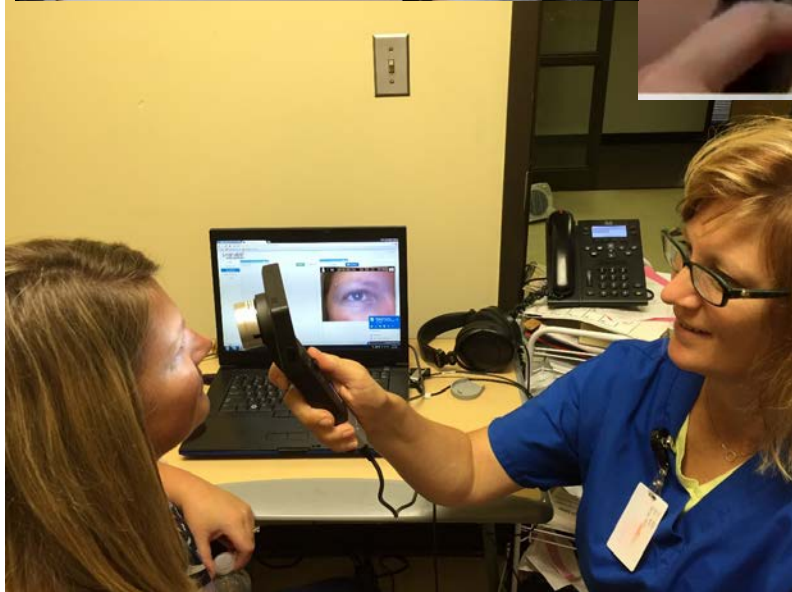
- Calumet High School SBHC - *Community HealthNet*

Mobile

- Open Door On The Go - *Open Door Health Services*
- Valley Professionals Mobile SBHC - *Valley Professionals Community Health Center*

Telehealth

- Elwood School SBtHC - *St. Vincent Medical Group*
- The Healthy Vikes Clinic - *Health Linc*
- Oregon-Davis SBtHC - *Health Linc*
- Crothersville SBtHC - *Southern IN Rural Health Clinic*
- Austin SBtHC - *Southern IN Rural Health Clinic*
- Southwestern Jefferson SBHC - *Southern IN Rural Health Clinic*
- Alexandria SBtHC - *Jane Pauley Community Health Center*





Contact Information

MHS

550 N. Meridian Street, Suite 101, Indianapolis, IN 46204

1-877-647-4848 • mhsindiana.com

Today's Presenter

Elizabeth Sons, School Based Service Administrator

elizabeth.sons@mhsindiana.com

1-317-684-9478 ext. 20151

MHS Member Services are available Monday through Friday, 8 a.m. to 8 p.m. at 1-877-647-4848.

Nurse advice line is available 24/7 at 1-877-647-4848.

Ambetter representatives are available 7 days a week from 8 a.m. to 5 p.m. at 1-877-687-1182.

Hearing impaired members should call the Indiana Relay Service at 1-800-743-3333.

This number can be used anywhere in Indiana.

Our staff is bilingual in English and Spanish. Interpretation services are available for other languages.