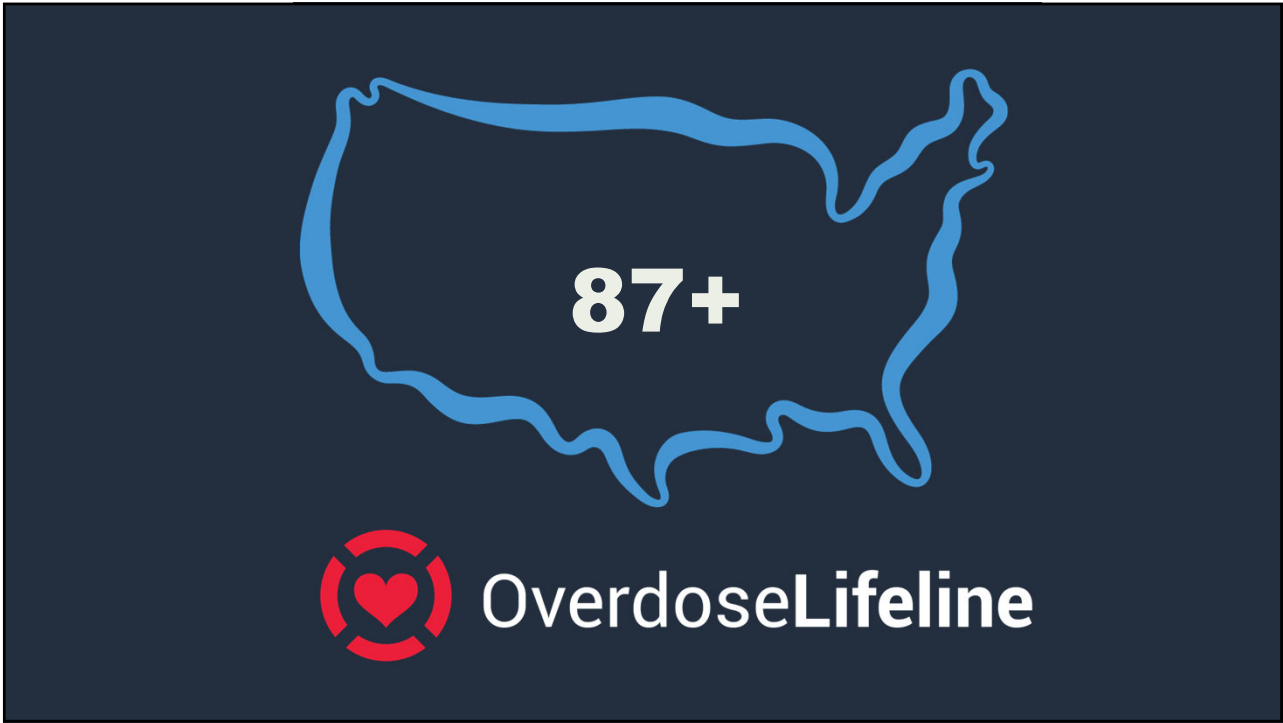


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# Discussion

Establishing a prevention education and  
opioid overdose emergency response  
action plan.

*No one with the ability to control content of this session has  
a relevant financial relationship with an ineligible company.*



4

- 1 Define the need/benefit for establishing a prevention education and overdose emergency response action plan.

2 prescribed opioid use and promote mental health and skill development and delay youth substance use.

3 List the steps to follow to integrate overdose emergency response into the school emergency preparedness and response plans.

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# SUBSTANCE USE DISORDER

## Brief Review

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Substance use disorder / addiction is a major public health concern in the United States.

20 million are symptomatic, or in active addiction.


Another 23 million are living in recovery. They are non-symptomatic.

Combined, 43 million Americans are affected.

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Source: National Institute of Drug Abuse



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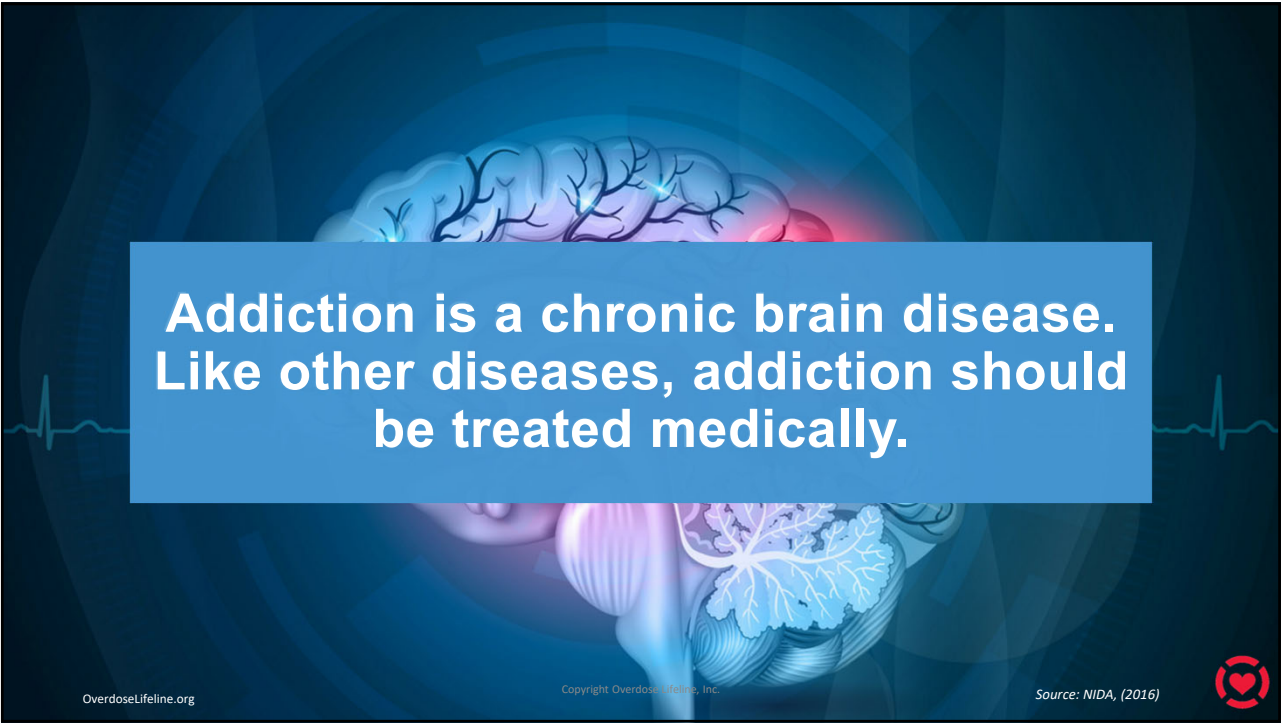


Those Affected

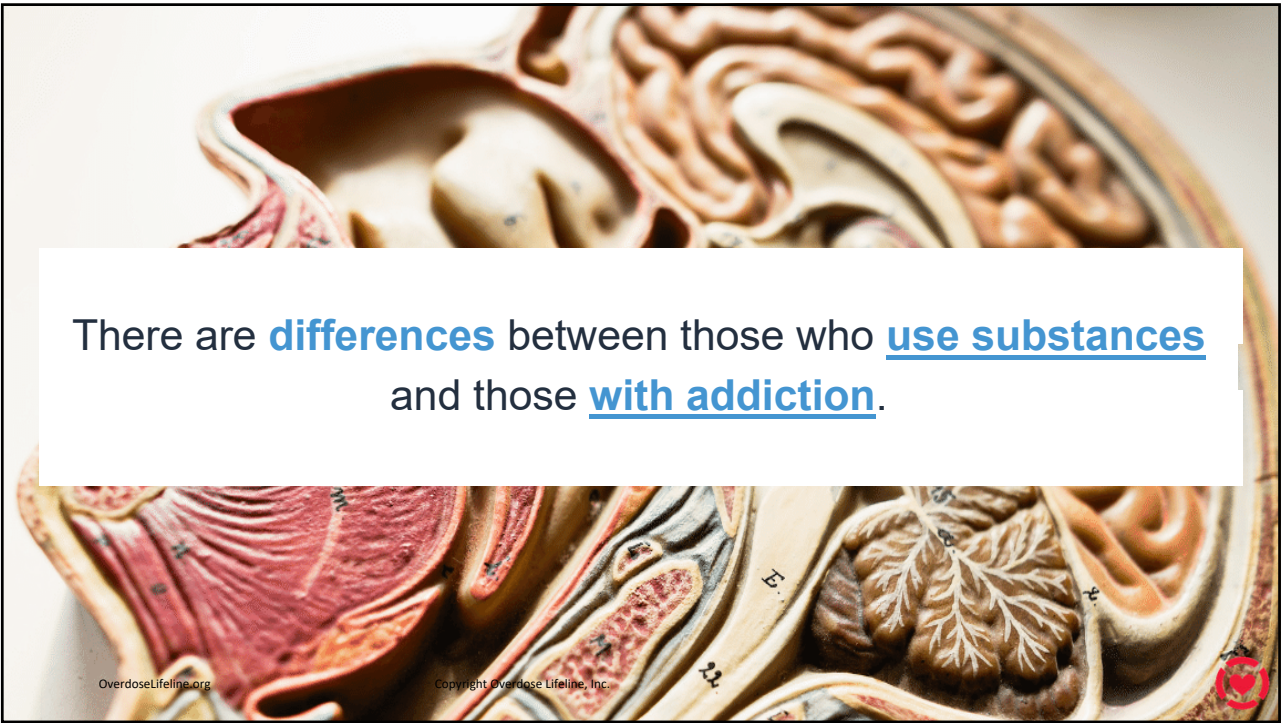
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With appropriate, **clinically proven treatment**, often including medication, many chronic diseases can be managed so that their symptoms do not impact a person’s health and functioning.

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Source: National Institute of Drug Abuse




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# Definition of stigma

Erving Goffman (1963):  
*Stigma* is the negative attribute signaling that one is flawed or condemned, leading to rejection and avoidance by others.

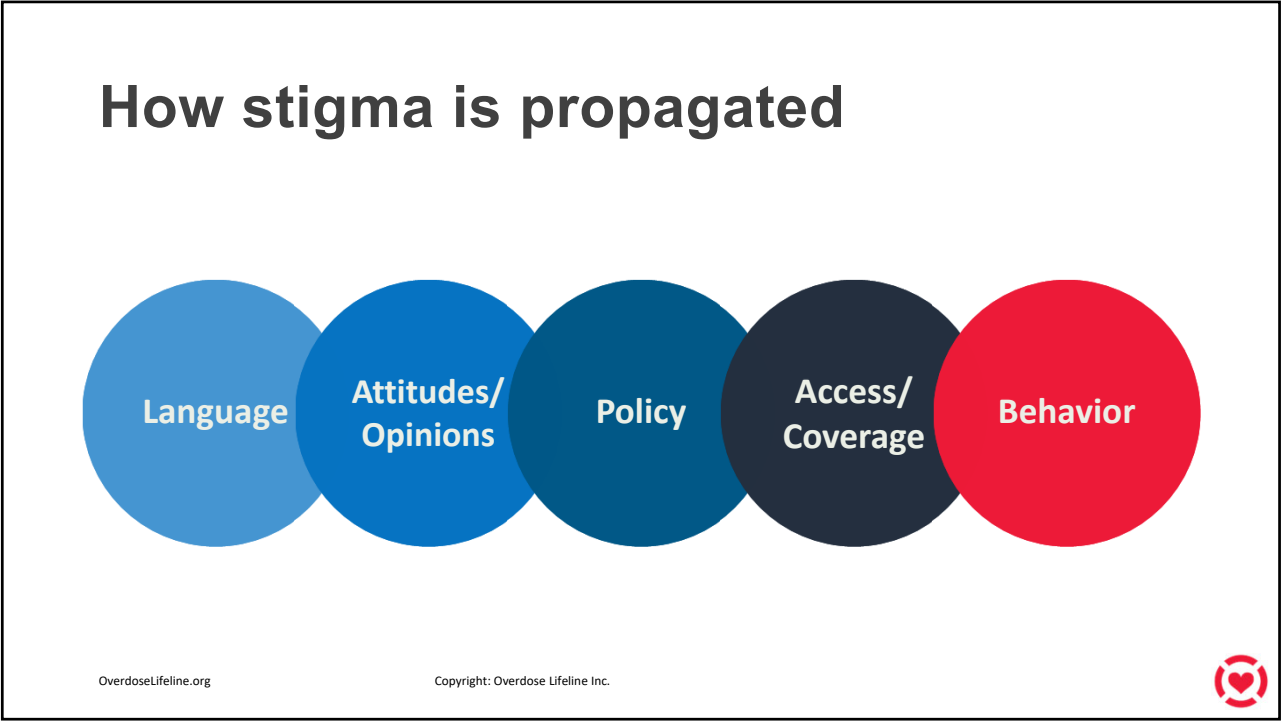
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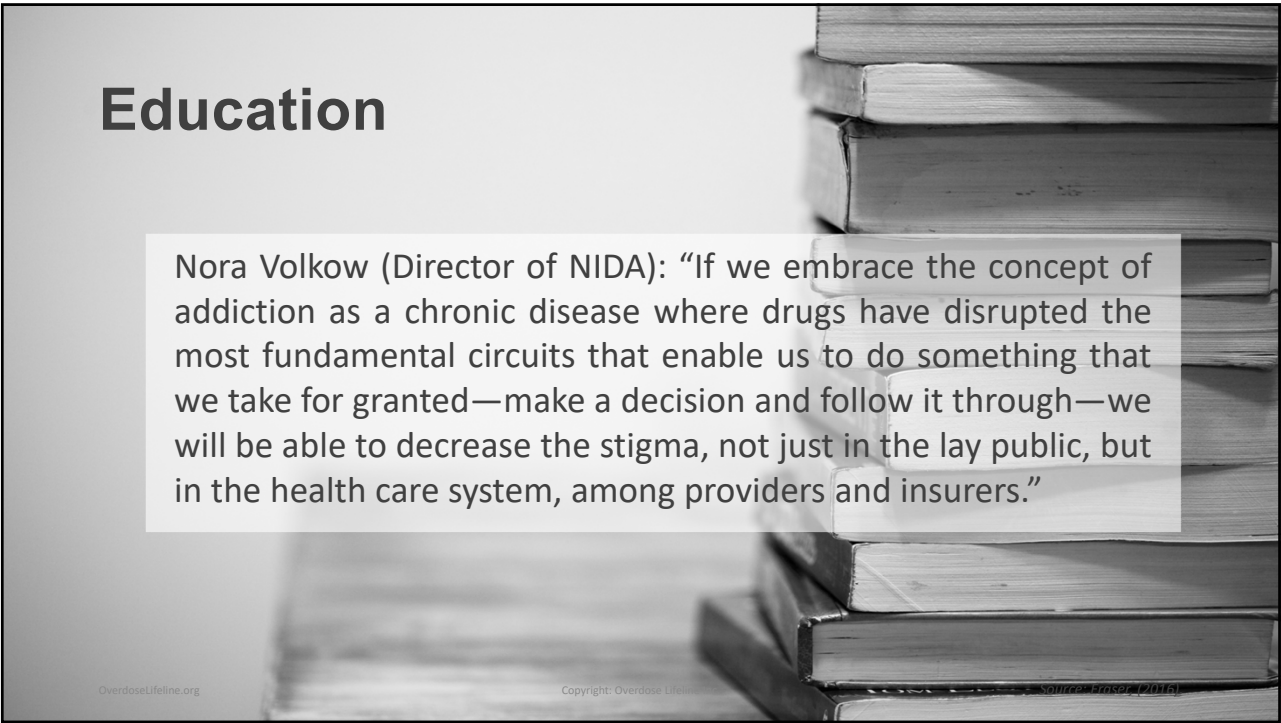


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# Language

Research shows that the language we use to describe [addiction] can either perpetuate or overcome the stereotypes, prejudice and lack of empathy that keep people from getting treatment they need.

*- Michael Botticelli, leading addictions expert and former Director of the White House Office of National Drug Control Policy*




OverdoseLifeline.org Copyright Overdose Lifeline Inc. Source: Fraser, (2016).

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# Reduce Stigma - Words Matter

- Call it what it is - Substance USE Disorder (alcohol use disorder, opioid use disorder)
- Use “people first” language and refer to people with substance use disorder, people with drug dependence, people with addiction.
- Avoid negative terms like addict, junkie, wino, boozier, drug fiend, user, and abuser.
- Describe as “in active addiction/substance use” or “in recovery”.
- Don’t sensationalize: Don’t say “suffers from,” “afflicted with,” “victims of,” or “the scourge of” addiction. Rather, say, “they have a substance use disorder,” “they are addicted,” “people with addiction”.
- Say “had a setback” or “recurrence”. Avoid “relapse” which is stigmatizing.
- Say “positive drug screen”. Do not say “dirty drug screen”

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# THE NEED / BENEFIT

## Community Impact


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## The Family of Opioids

### Natural




Morphine – Codeine - Opium

### Semi-Synthetic



Vicodin – Percocet – Oxycodone – Heroin

### Fully Synthetic




Fentanyl – Methadone

Fentanyl  
50-100X's  
Stronger

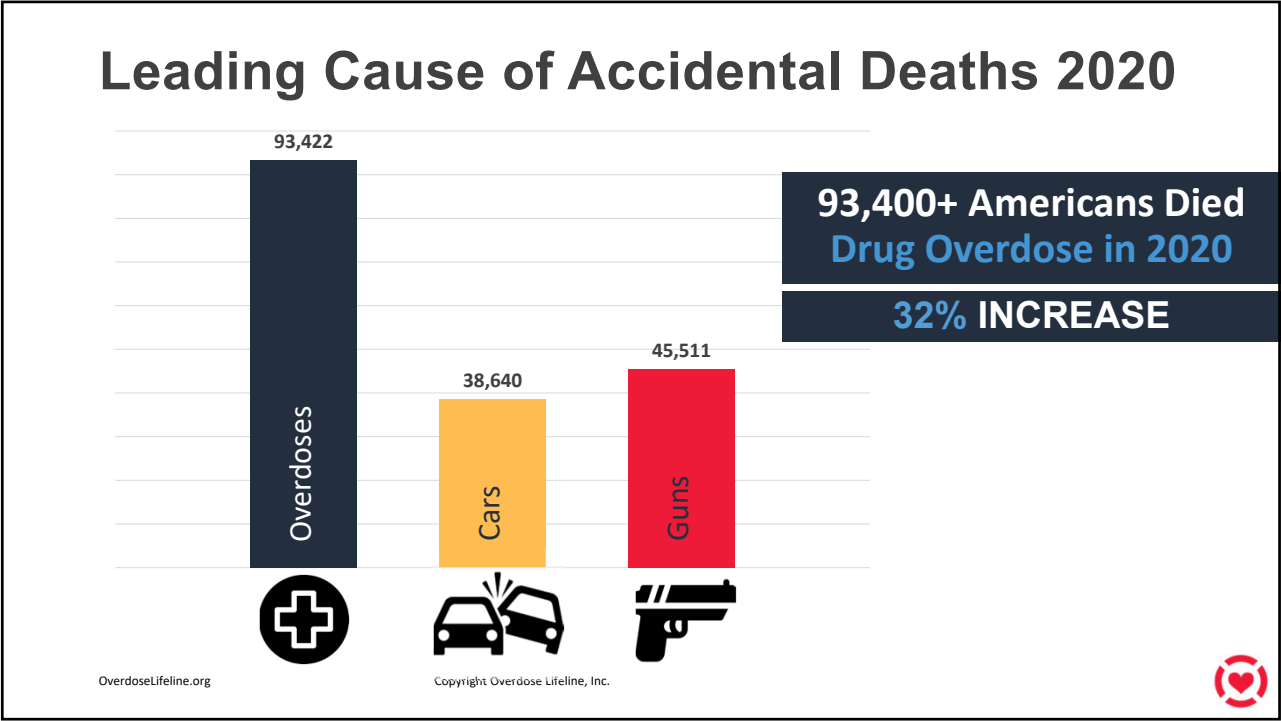
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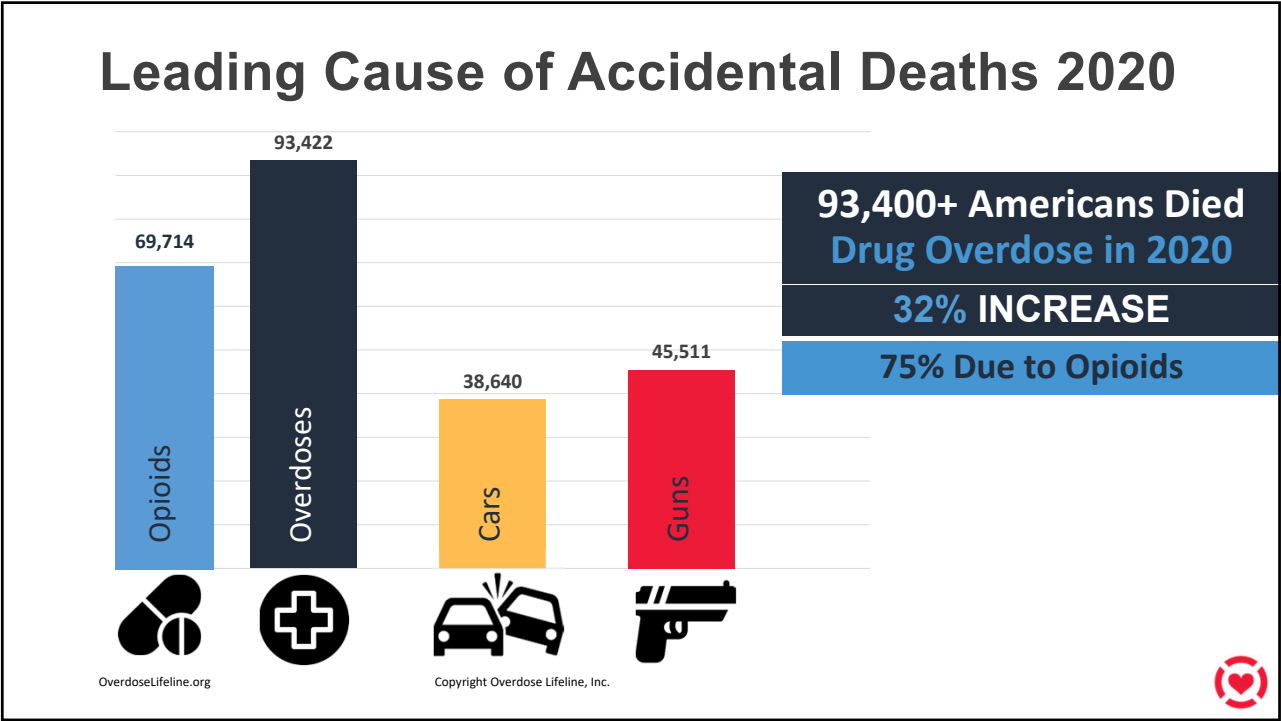
Image Credits: Seed Head Opium Poppy: By kiwinz [Public domain], via Flickr; Creative Commons Attribution  
Methadone Image Credit Copyright: Fentanyl Image Credit: Julia Hiebaum / Alamy Stock Photo;



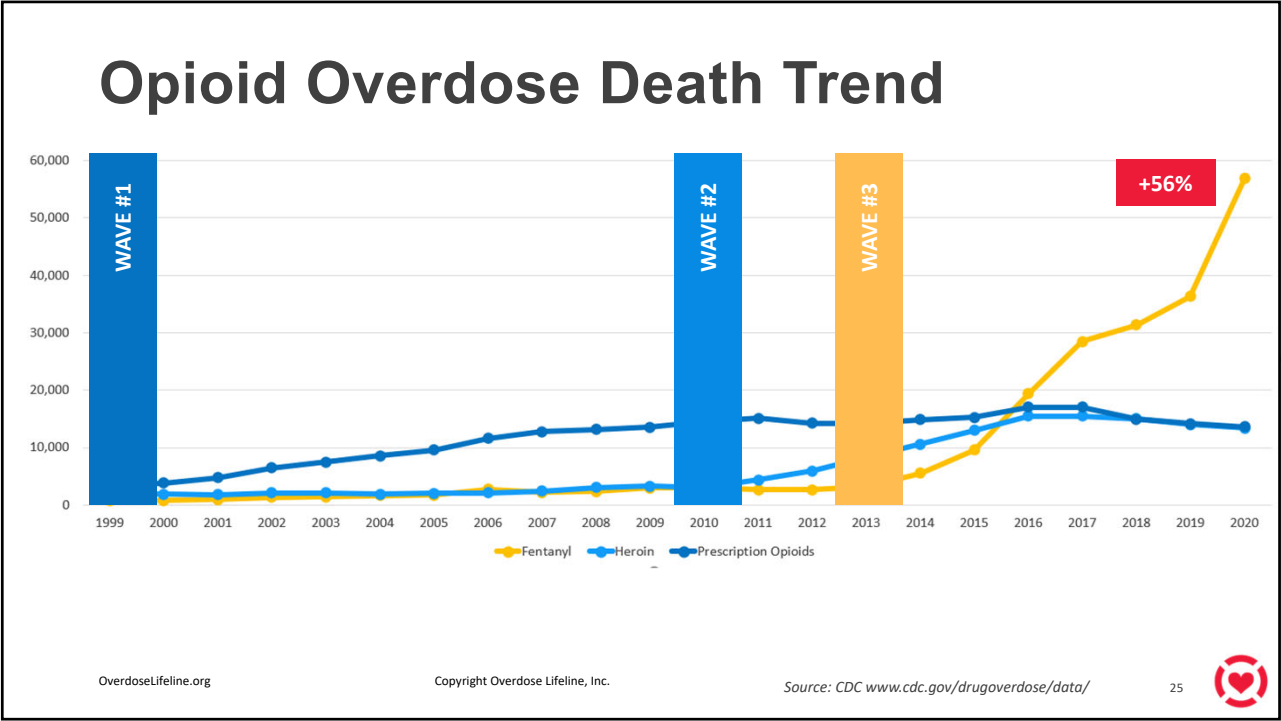
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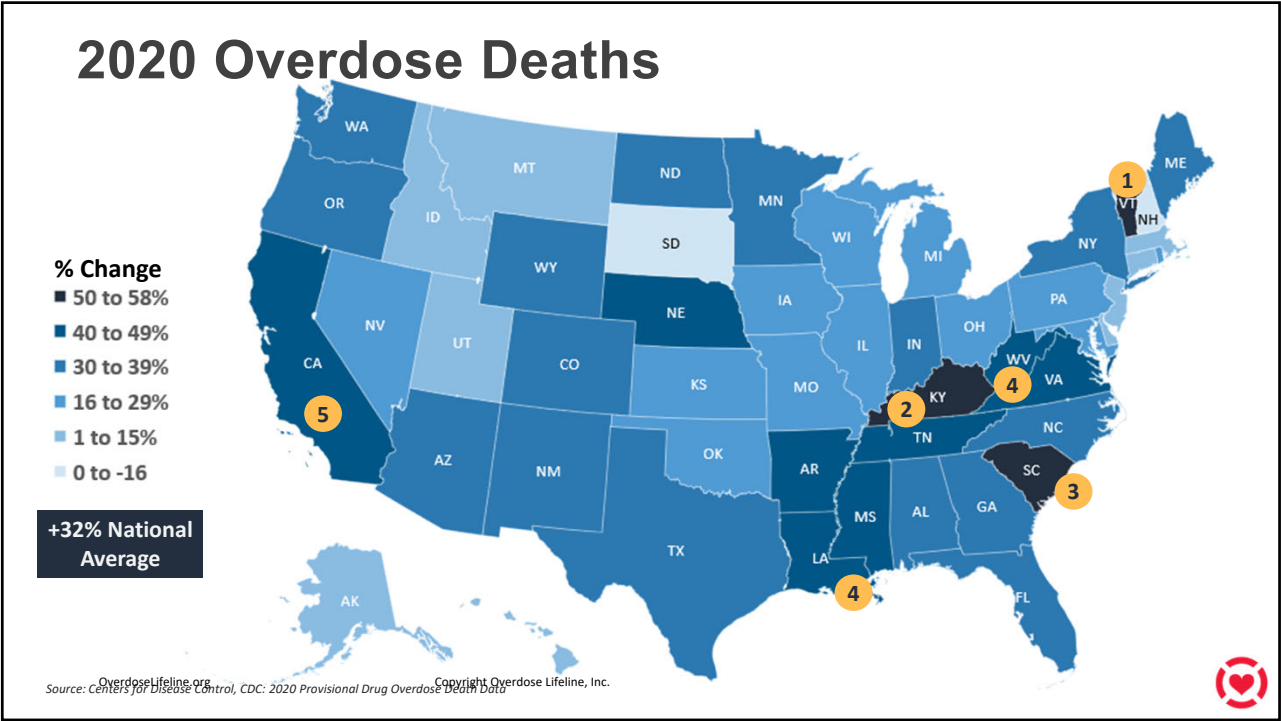
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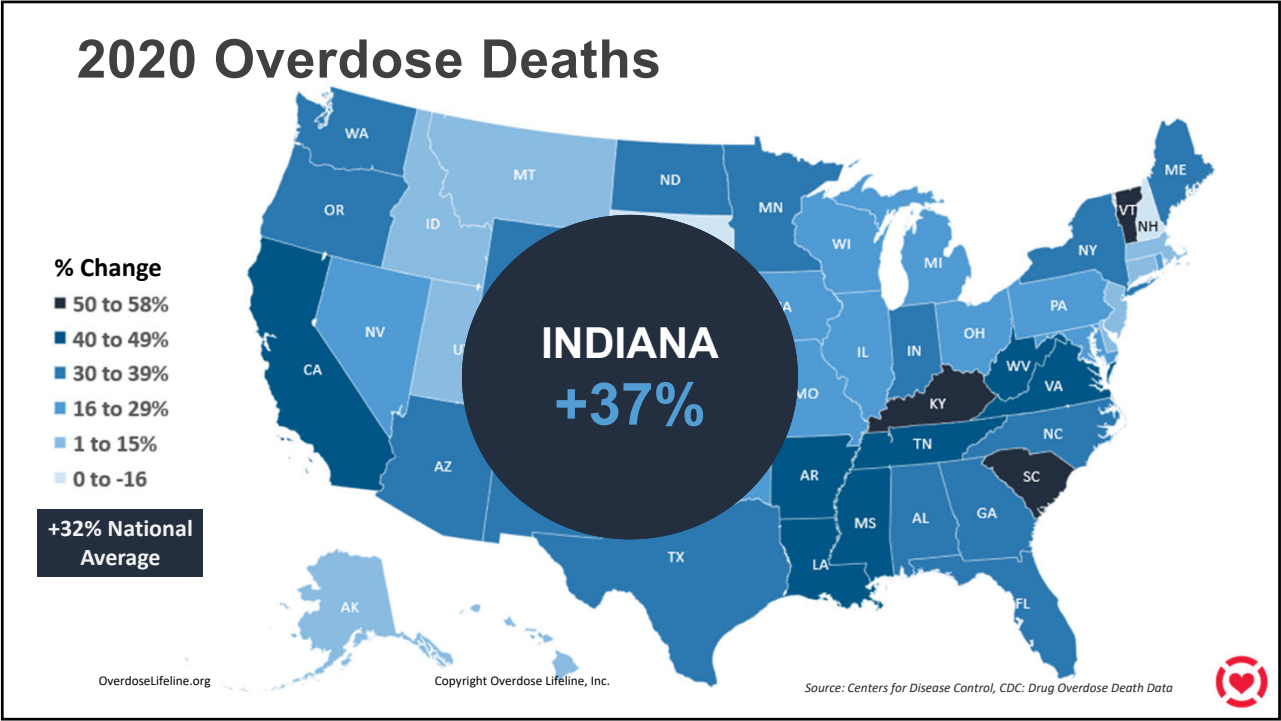


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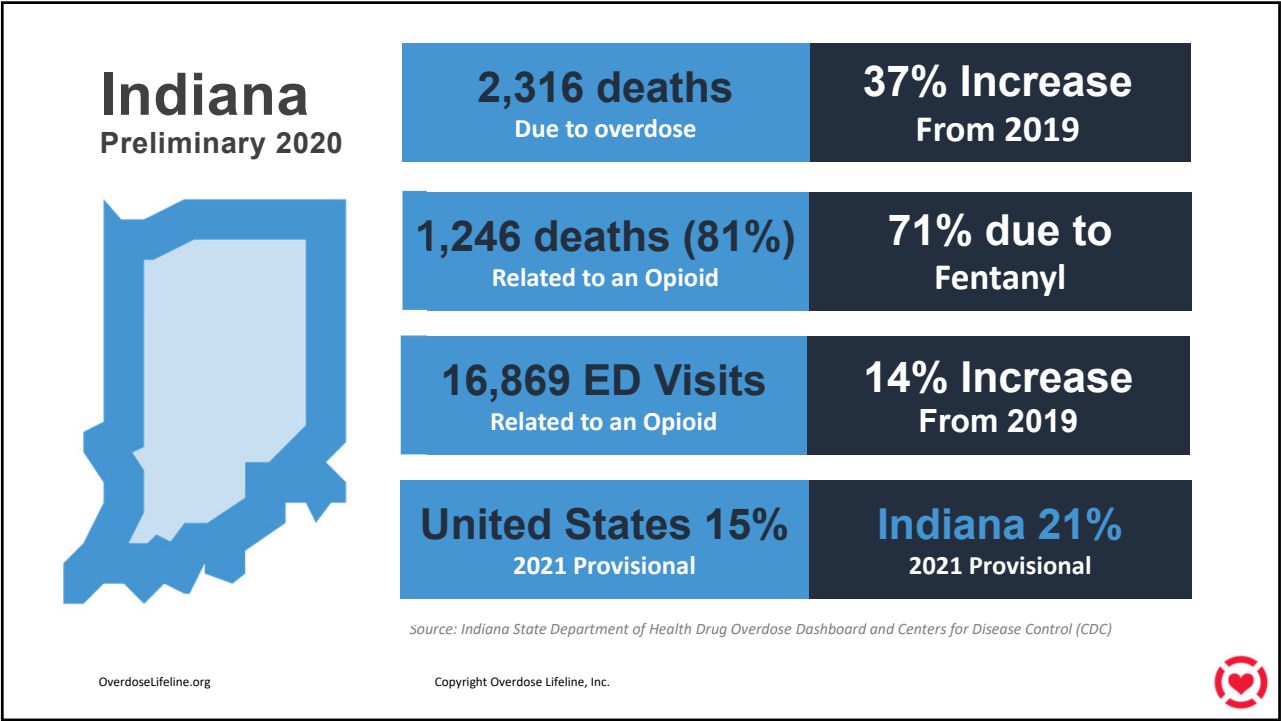


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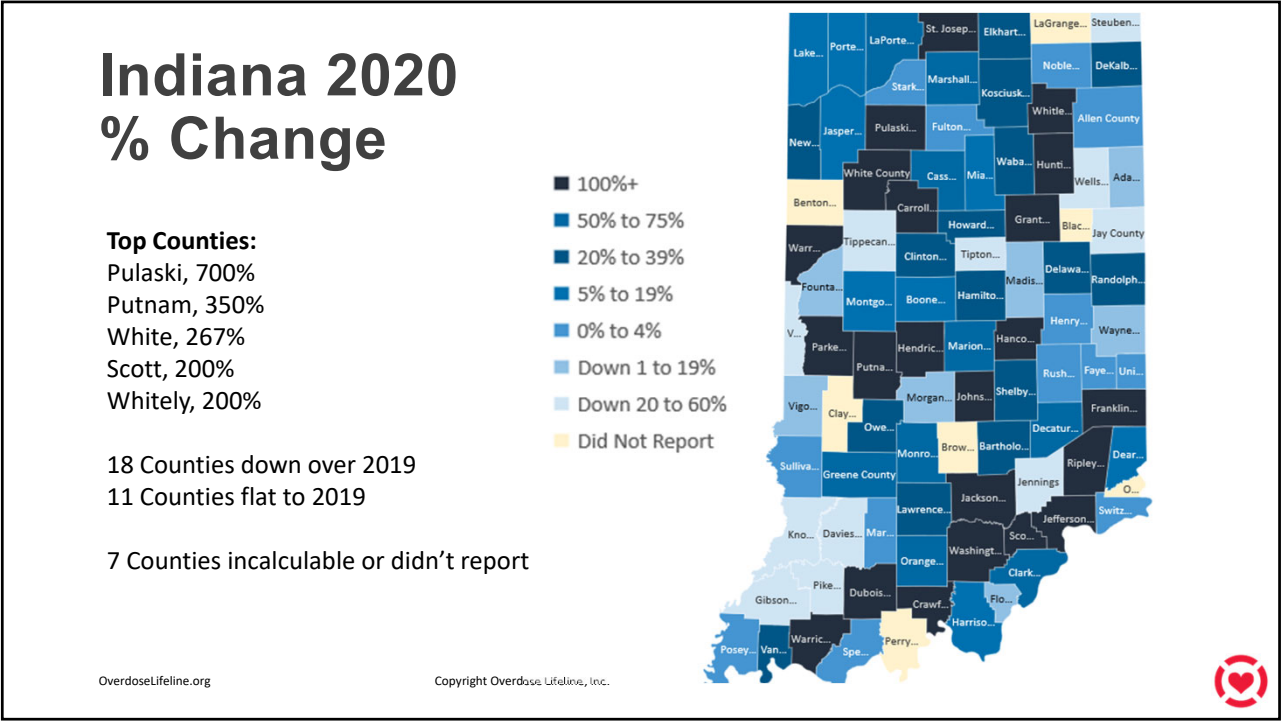




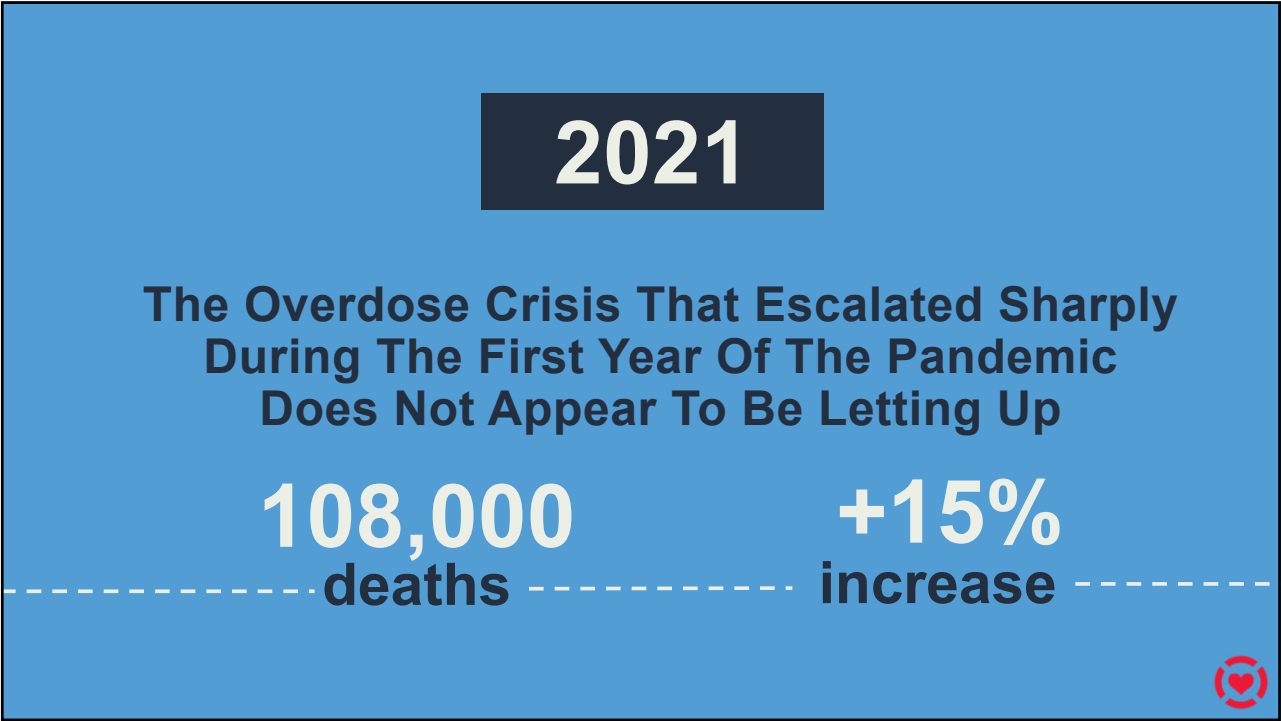
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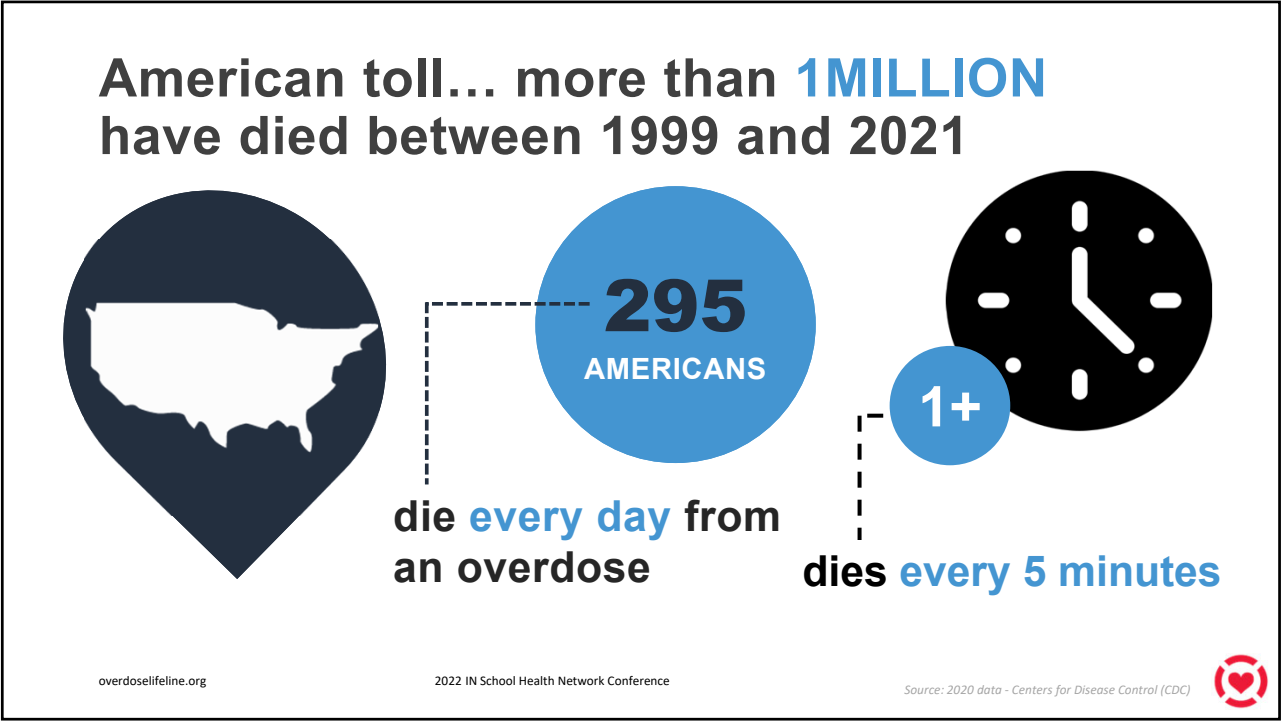
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**Street Drugs Laced with Fentanyl**

Illicitly manufactured fentanyl is often added to other drugs because of its extreme potency, which makes drugs cheaper, more powerful, more addictive, and more dangerous.

*"It's rare to find people who only overdose on cocaine or who only overdose on methamphetamines," said Dr. Nora Volkow, head of the National Institute of Drug Abuse. "Fentanyl is being used to lace the illicit drug market because it's very profitable."*

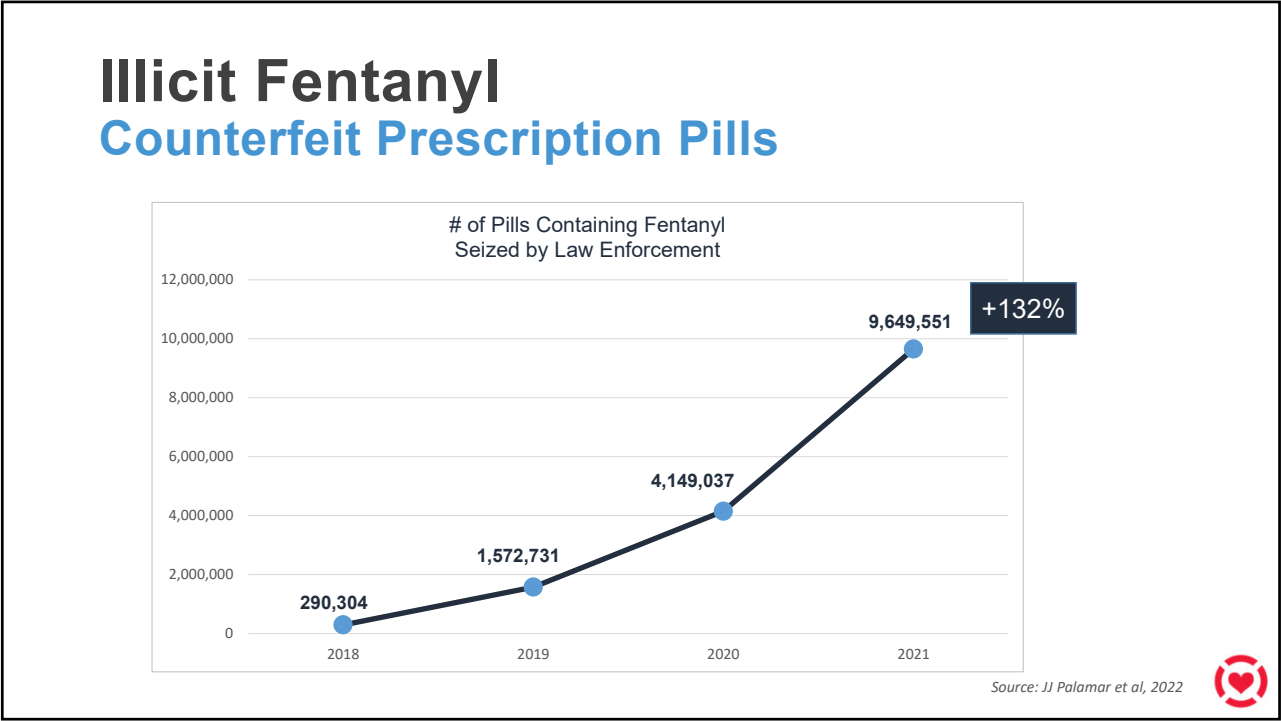
**Fentanyl overdose is now the No. 1 cause of death among Americans ages 18 to 45.**

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Source: Centers for Disease Control (CDC)

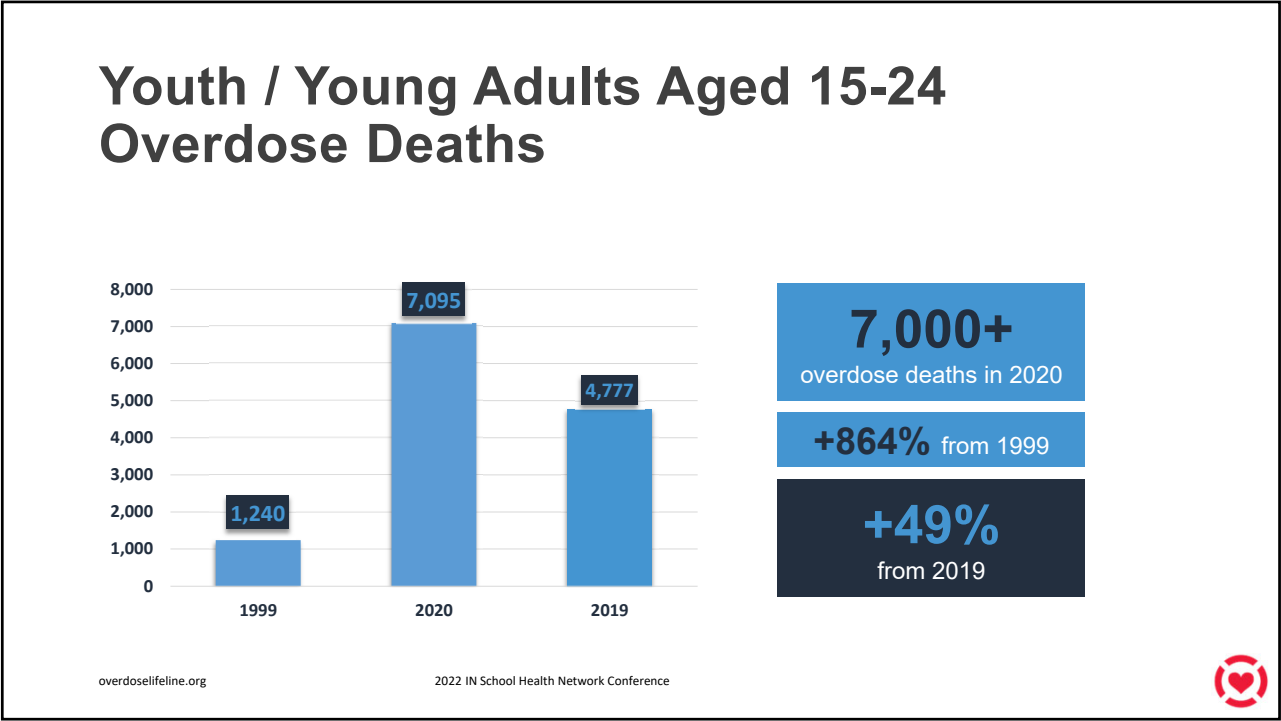
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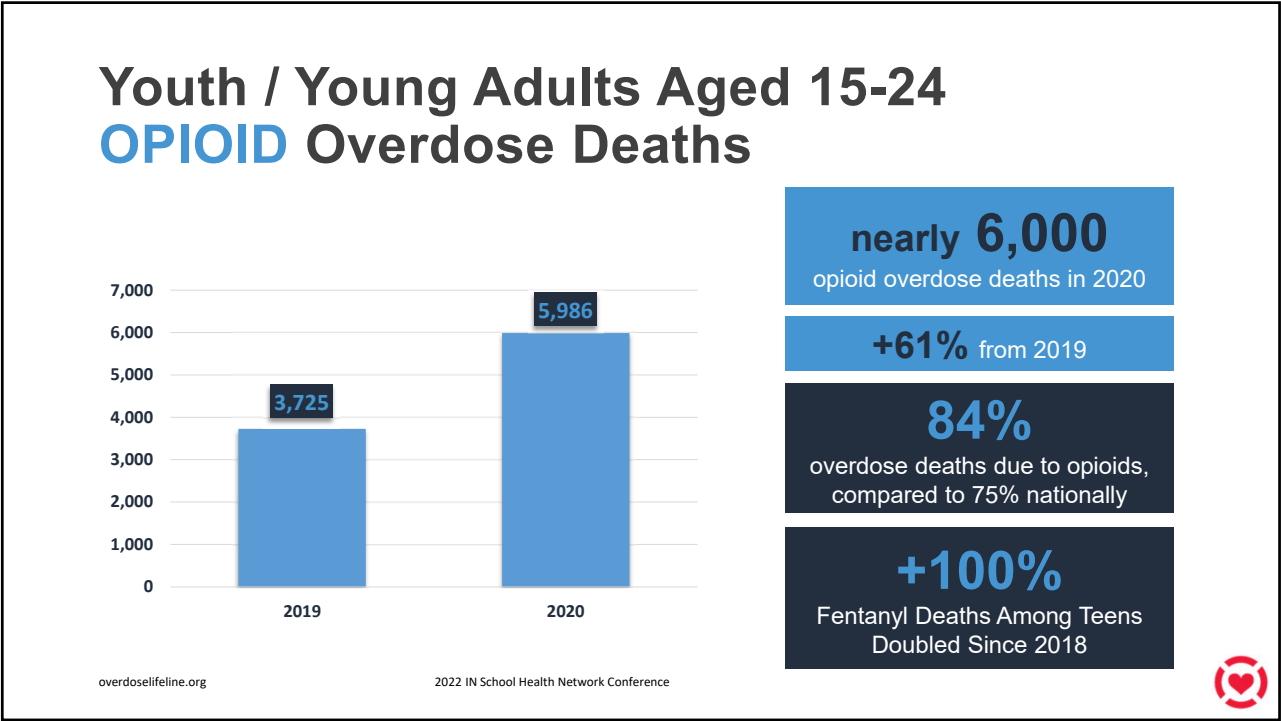
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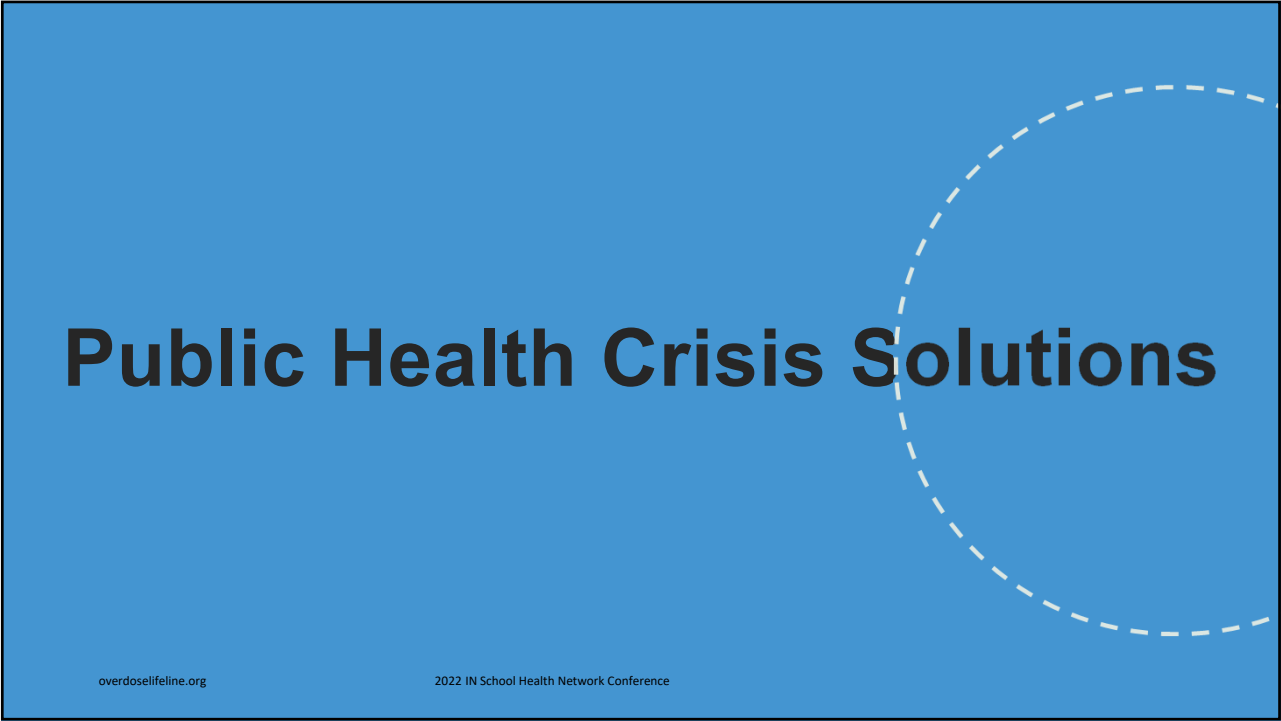


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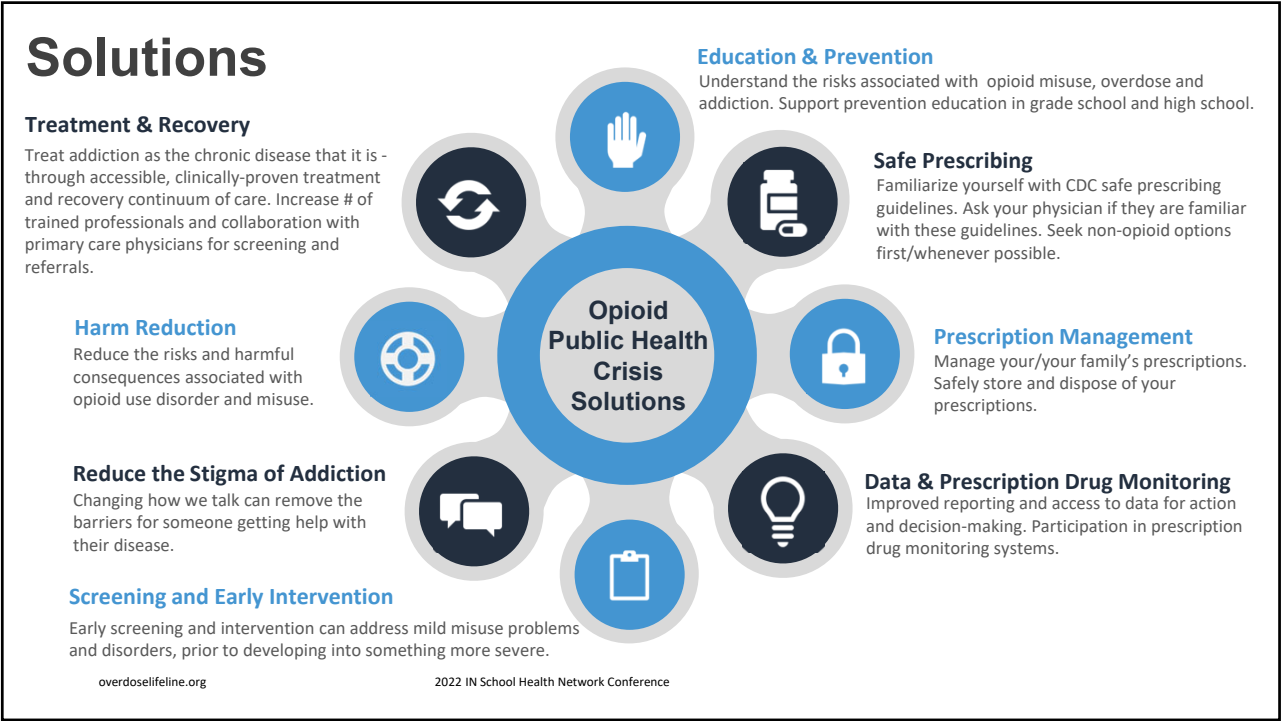


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# Youth Prevention Mental Health Skill Development

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# This is Not About Drugs

## Opioid Prevention Education Program

Takes a peer-to-peer approach and makes use of personal stories and a powerful film to educate and influence the decisions – or choices – one makes about their own body and health.

1st Youth Program  
Addressing Opioid Crisis

Classroom/Small Group  
Grades 6-12


Fits Time Constraints. Aligns  
to Health Curriculums.

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### Brief Intervention




Pre-Survey  
Worksheet Activity



Guided Discussion  
and Film



Student Help and  
Support Handout



Pre-Survey  
Worksheet Activity

### Learning Objectives

Risks of Prescription Opioid Misuse

How Misuse Can Lead to Heroin Use,  
Addiction, Overdose, and Death

Recognize Opioid Overdose Symptoms,  
Availability of Naloxone, Need to Call 911


Disease of Addiction. Impact on Individual  
and Family/Friends

Health Alternatives to Using Substances in  
Dealing w/ Life Stresses

The Many Ways to Ask for Help and Locate  
Available Resources.

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# PreVenture

## Mental Health & Early Intervention Program

An evidence-based youth prevention program that uses personality targeted interventions, motivational interviewing, and Cognitive Behavioral Therapy to promote mental health and skill development and delay substance use.

Brief Screening Survey for Youth Eligibility


90-Minute Workshop 1

90-Minute Workshop 2


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Reduces Alcohol Use and Odds of Binge Drinking by 50%




Delayed Initiation and Frequency of Cannabis Use




Reduce Drug Use by 50%



Reduced Risks for Mental Health Problems Such as Anxiety, Depression



Significantly Reduced Conduct Problems



Evidence-Based.  
Multiple Research Studies.  
Results.

About PreVenture

preventure.us

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## Additional PreVenture Outcomes

Reduce Rate of Depressive Symptoms

Reduce Rate of Panic Attacks


Significantly Reduced Rates of Skipping Class

Significantly Reduced Rates of Shoplifting

Reduce Rates of Bullying and Victimization

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## Integrate Overdose Emergency Response Into School Plans

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Opioid overdose is **life-threatening** and requires immediate emergency attention.

When a person is overdosing from an opioid, their central nervous system and respiration system is depressed and **breathing slows or stops**.

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Recognizing the **signs of opioid overdose** is essential to saving lives.

As is having **immediate access to naloxone**, the opioid overdose reversal drug and calling 911 for additional emergency support.


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# What is naloxone (NARCAN)?




Naloxone is an opioid antidote (antagonist) that reverses an opioid overdose.



During an opioid overdose, the respiratory and central nervous systems are depressed. Breathing slows or stops.




Naloxone blocks the effects of opioids and reverses an overdose. Allowing a person to breathe normally.




Naloxone will not get a person high. Is not addictive. Will not harm a person if opioids are absent.

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# Naloxone Safety Considerations

EASY + EFFECTIVE	COMPLETELY SAFE	NO SIDE EFFECTS	SAVES LIVES
Naloxone is easy to administer and store and is effective in preventing opioid overdose deaths.	Naloxone is completely safe, especially when used in low doses and administered properly.	Naloxone will not hurt someone who is not overdosing. There are no effects unless opioids are present.	It is the same concept as CPR, AED's, EpiPens. It mitigates the damage caused by a negative reaction in the body.

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Source: CDC <https://www.cdc.gov/drugoverdose/epidemic/index.html>



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The use of naloxone **does not enable continued drug** use but is a first step in the path towards recovery.

Studies have shown that in areas where naloxone is commonly used and readily available, there have been **decreases in rates of opioid misuse** coupled with increase in rates of individuals seeking treatment.

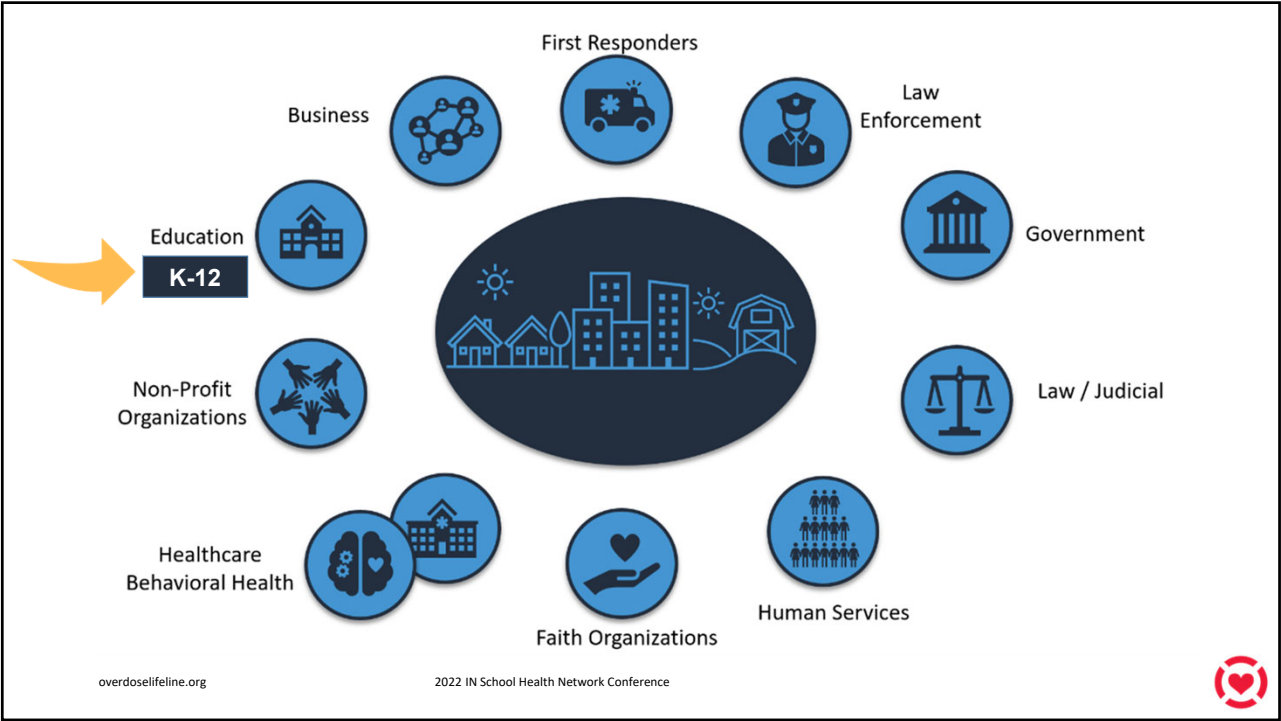
Providing naloxone and education about it can **promote positive norms** about harm reduction, reduce stigma surrounding substance use and substance use disorders, which can **encourage students/individuals to seek treatment/help for their substance use**.

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McDonald et al., 2020



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**It is essential for Indiana schools to be prepared for potential overdose emergency with staff trained in how to recognize and the ability to respond.**

**Staff should be informed of preventative measures that can reduce the rate of nonprescribed opioid use by youth and lower the risks of an overdose.**


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*It is the position of the National Association of School Nurses (NASN) that the safe and effective management of opioid-related overdoses in schools must be incorporated into the school emergency preparedness and response plans.*



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Under Indiana 2017 law, school districts are allowed to stock naloxone as an “emergency medication,” the same category as albuterol for severe asthma and auto-injectable epinephrine for severe allergies.

The law requires additional training for school nurses and protects schools from some potential liabilities.



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## School-Based Considerations

### At Risk + Multiple Naloxone Kits and Locations

GUESTS

ADMINISTRATION  
NURSE’S OFFICE

STAFF


OUTBUILDINGS  
ATHLETIC FIELDS

STUDENTS

GYMNASIUM

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## School-Based Considerations

### Establish School Policy and Storage/Administration Protocol

STAFF TO BE TRAINED

STORAGE MAINTAINING INVENTORY

OBTAINING NALOXONE


PARENT / STUDENT COMMUNICATION

ADMINISTRATION

DOCUMENTING USE

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# PLACEHOLDER (VIDEO)

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# How Overdose Lifeline Can Assist


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## Naloxone Emergency Preparedness and Response Plan for Indiana Schools


### Free Program for IN Schools

 **OverdoseLifeline**

 *CareSource*<sup>®</sup>


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## The Program Provides




Free Staff Training in Opioid Overdose Prevention and Response



Free Access To Naloxone and Emergency Storage Medication Boxes




Sample Policy and Protocol and Best Practices



Connection To Youth Prevention Education Providers and Sponsored Programming and Facilitator Training

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## Regional Trainings

**Fri, August 5, 2022 (10am-12pm EST.)**  
**Region 8 Education Service Center (R8ESC)**  
1027 W. Rudisill Blvd., Box 17  
Fort Wayne, IN 46807


**Tue, July 19, 2022 (10am-12pm EST.)**  
**Region 7 Northern Indiana Education Center (NIESC) 56535**  
Magnetic Drive  
Mishawaka, IN 46545

**Tue, June 28, 2022 (9am-11am EST.)**  
**Region 9 Central Indiana Educational Service Center (CIESC)**  
3500 DePauw Blvd., Pyramid 2, #2020  
Indianapolis, IN 46268

**Tue, August 30, 2022 (10am-12pm EST.)**  
**Region 1 Southern Indiana Education Center (SIEC)**  
1102 Tree Lane Drive  
Jasper, IN 47546

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Motivated by the incident and rising adolescent overdoses nationwide, the school district decided in 2019 to stock naloxone.

Later, when another student overdosed, Straub said health staff members were able to "quickly and easily" administer Narcan...

"The kid came around immediately," she said. "It was night and day. It was such a huge relief and maybe saved a life."

**'It's a no-brainer': Rising adolescent overdoses prompt calls for schools to stock naloxone**

 **Christine Fernando**  
USATODAY

Published 6:00 a.m. ET March 5, 2022

School nurse Katie Straub felt the weight of each second go by as she waited for paramedics to arrive. A student had overdosed on opioids, and the school didn't have naloxone, a drug that counteracts the effects of an opioid overdose.


"It was horrendous," said Straub, a nurse for Tucson Unified School District, the largest school district in Tucson, Arizona. "Nothing feels worse than standing by watching, not really able to do anything."

Paramedics were able to save the student's life with a dose of naloxone. Motivated by the incident and rising adolescent overdoses nationwide, the school district decided in 2019 to stock naloxone. Later, when another student overdosed, Straub said health staff members were able to "quickly and easily" administer Narcan — a name brand of naloxone typically in the form of a nasal spray.

"The kid came around immediately," she said. "It was night and day. It was such a huge relief

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OverdoseLifeline

Learn More  
Take Action



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# OverdoseLifeline

**Jeanette Crow**  
Jeanette@overdoselifeline.org  
844 554 3354

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# QUESTIONS

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