

Monday, June 20, 2022 A.M. Breakout Sessions 10:45 a.m. – 12:00 p.m.



As You Are: Building Understanding of Gender and Family Diversity

The Joseph Maley Foundation's As You Are program is a powerful program that builds awareness and understanding of gender and family diversity and fosters respect, empathy, and a sense of belonging. As You Are is a developmentally appropriate, standards-based program for students in preKindergarten through eighth grade. Our engaging curriculum features children's literature read-alouds, creative activities, speakers, and puppet shows. In this session, we will also explore ways to support students, educators, and families in cultivating more inclusive and welcoming schools for all. Participants will learn strategies for engaging young people and families in this complex topic and develop the confidence to do so successfully.

Speaker: Erica Christie, PhD - Joseph Maley Foundation



Erica Christie, Joseph Maley Foundation's Director of Education, has over 18 years of experience in education. She has taught at the elementary, middle, and collegiate levels and worked as an educational consultant, developing curriculum and educational programming for non-profit organizations and businesses. Erica holds a Bachelor of Arts in Sociology from Bowdoin College, a Master of Science in Elementary Education from Indiana University, and a Doctorate Degree (ABD) in Curriculum Studies from Indiana University.

Speaker: Kelly Bradbury - Joseph Maley Foundation



Kelly Bradbury is an Education Manager at The Joseph Maley Foundation. Over 25 years, Kelly has worked in elementary education, professional training, project management, and curriculum development. Educational degrees include a Bachelor of Arts in Elementary Education from Hanover College and a Master of Education in Curriculum and Instruction from Indiana Wesleyan University.

Speaker: Stephanie Becher - Joseph Maley Foundation



Stephanie Becher is an Education Manager at the Joseph Maley Foundation. Prior to her work with the Foundation, she taught early childhood, elementary, middle and high school choral and general music for 19 years. She holds a Bachelor of Music Education from the University of Illinois, Urbana-Champaign, and a Master of Music Education from Vandercook College of Music.

Shifting Upstream to Improve Student Health and Wellbeing

This session will review the connections between student health and wellbeing and 'upstream' topics such as social determinants of health, community conditions, and health and racial equity. It will explore how complex, systemic challenges like poverty and racism contribute to health and academic disparities and how data and best-practice evidence can be used to better understand and address these issues. The 2022 County Health Rankings model and measures will be presented as a source of information and tool for school personnel to use in better understanding their community and the factors that influence health. Education-related What Works for Health strategies and other CHR&R resources will be shared to expand knowledge and awareness and to spur follow-up action. Finally, this session will offer ways that attendees can get involved and take action locally and at the state-level to build partnerships, support policy and systems change, and create healthier school and community environments.

Speaker: Ericka Burroughs-Girardi, MA, MPH - County Health Rankings & Roadmaps



Ericka is the Senior Outreach Specialist for County Health Rankings & Roadmaps, serving as executive producer of their webinars and co-host of their podcast In Solidarity. Ericka connects communities to evidence-informed strategies and community change resources, fosters peer learning and connections, delivers equity skills building sessions, and recognizes and celebrates health improvement. Previously, Ericka served as the Health Equity Coordinator at the Florida Department of Health and was a founding member of the first food policy council in Central Florida. Ericka holds an MA in Anthropology from the University of South Florida and an MPH from the University of South Carolina.

Speaker: Kim Irwin, MPH - Indiana Public Health Association/Health by Design



Kim Irwin serves as the administrator of the Indiana Public Health Association and executive director of Health by Design. Ms. Irwin guides the strategic direction, partnership development and programmatic, operational, and financial management of both organizations. She has a Master of Public Health from the Indiana University School of Medicine (IUSM) Department of Public Health and an undergraduate degree from Northwestern University. She is a member of the Indiana Governor's Public Health Commission and volunteers with the League of Women Voters of Indianapolis.

More Than a Game: Youth Gambling in Indiana

The purpose of this session is to educate teachers, counselors and administrators on the findings of the most recent Indiana Youth survey gambling related behaviors. This session will look at the prevalence of gambling by Indiana Youth, the types of gambling and the relationship between gambling and other risk taking behaviors by Indiana youth. Youth are faced with opportunities to gamble everywhere. From wagering on video games, card games and sports betting youth are engaging in gambling behaviors. Many educators and parents are surprised by the level of these behaviors among children and youth in Indiana. In this session gambling will be defined, a discussion of data and actions that can be taken to prevent problem gambling in Indiana Youth.

Speaker: Mary Lay, MPH, MCHES, CPS - Indiana Problem Gambling Awareness Program



Mary A. Lay, MPH. MCHES, CPS: Mary Lay is a Research Associate and Project Director of the Indiana Problem Gambling Awareness program at Prevention Insights in the Department of Applied Health Science, Indiana University School of Public Health-Bloomington. She has an extensive track record of successful implementation, training, technical assistance program coordination and grants management in substance use, risk prevention, disordered gambling, professional development CECH Coordination, conference logistics, online training series development, teaching and addiction related education/training.

Speaker: Amy Frederick, MeD - Prevention Insights



Ms. Frederick is a Program Management Specialist at Prevention Insights in the Department of Applied Health Science, Indiana University School of Public Health-Bloomington. She has a track record of successful implementation and training in the areas of workforce development, Mental Health First Aid (MHFA), problem gambling, health consciousness, and resilience & thriving.

Best Practice Use of Aerosol Spacers with Asthma Inhalers

This session will enable the learner to gain new knowledge regarding asthma and the best-practice use of aerosol spacers with asthma inhalers, recognize the value of utilizing a spacer with an asthma inhaler, and have the confidence to suggest the use of and explain the rationale behind the use of a spacer with an asthma inhaler. Healthcare providers do not have adequate knowledge regarding the use of aerosol spacers and asthma inhalers. Inappropriate use of asthma inhalers may lead to poor medication distribution in the lungs and poor asthma control. The utilization of aerosol spacers with asthma inhalers is shown to increase medication distribution to the lungs. Asthma is the number one chronic condition seen by school health nurses. An online learning module was created for school health nurses to reiterate the best practice use of aerosol spacers with asthma inhalers.

Speaker: Casey Ellis Page, DNP, RN, CNE - Gardner-Webb University



Casey has been a Registered Nurse since 1995 after graduating from The University of South Carolina with a BSN degree. From there she worked in several capacities as an RN including pediatrics, PACU, School Health, and the Emergency Department. She returned to Western Carolina University in North Carolina and earned an MSN-Nurse Educator degree in 2013. Since this time, she has been working in nursing education in ADN, an RN-BSN, and MSN Programs. Summer 2021 she completed her doctoral work earning a DNP-Leadership degree from Gardner-Webb University in North Carolina.

The Importance of Medicaid for Students- Utilizing Partnerships to Enroll

How does having healthcare coverage impact student performance? Who qualifies for Indiana Health Coverage Programs like Hoosier Healthwise, Healthy Indiana Plan (HIP), Children's Health Insurance Program (CHIP) and Medicaid? What are common misconceptions about qualifying? What challenges do students, and their families face in obtaining and keeping coverage? You will learn the answer to these questions and more during this session. But remember, the good news is you do not need to become a Medicaid expert – this session will also cover how to partner with the various organizations, including Covering Kids & Families, who can help families get covered and stay covered!

Speaker: Doris Higgins, MPA - Covering Kids & Families of Indiana



Doris serves as Director for Agency Support & Community Strategies at Covering Kids & Families of Indiana (CKF). She provides support and technical assistance to CKF agencies and coalitions, building their capacity to plan, execute, and evaluate outreach and enrollment strategies that connect Hoosiers to healthcare coverage.

How to Form Family Partnerships for Wellness with Purpose and Power

How can we best serve communities when we do not represent the diversity of its members? By learning and understand their values, we buy ourselves a ticket into their culture and an ability to connect for academic impact. Learn from the creative pursuit of a teacher who worked to give families a voice and visibility in her quest to promote health and mental wellness for youth Tips and strategies will be shared on how to: educate and engage families in the learning of their children, start and maintain positive partnerships with all guardians, establish a culture of learning in school, at home, and in the community, and talk about mental wellness with diplomacy and compassion.

Speaker: Leila Kubesch - Norwood City School District



Leila Kubesch teaches ESL and Foreign Languages and has taught K-12 and college. Having committed to teaching in high-need schools, she fosters community partnerships and instills a mindset of dreaming big through large-scale service-learning projects that stem from youth initiatives. She believes the success she experiences with her students stems from her community partnerships while striving to understand her diverse community that she does not represent. She believes in equitable mental health and well-being for all youth. She is certified in Yoga, Yoga Therapy and Sensitive Yoga for Trauma from Kripalu School of Yoga. She teaches ESL and Foreign Languages. Leila is the 2020 Ohio Teacher of the Year, 2021 NEA Horace Mann Award Recipient, and 2020 National Toyota Family Teacher of the Year.

The Current State of Hoosier Youth

This session will enable the audience to get a clearer understanding of the health of Indiana youth by diving deeper in the CDC's Youth Risk Behavior Survey (YRBS) 2021 and School Health Profiles (SHP) 2020 data. After years of not achieving weighted data for either survey, the Adolescent team at the Indiana Department of Health would like to share this vital data far and wide with youth-serving and all interested partners. The YRBS is a 99-question survey that reflects data from youth in 50 randomized public high schools across Indiana and representative of the health of all Hoosier youth in grades 9-12. Topics range from behaviors that contribute to unintentional injuries and violence, sexual behaviors, alcohol and other drug use, tobacco use, unhealthy dietary behaviors, inadequate physical activity, and newly added to this year are 8 adverse childhood event questions to help gain a better perspective of COVID-19 ramifications on our youth. In tandem, the SHP 2020 survey provides data on sexual health education, safe and supportive school environments, sexual health services, health services for students with chronic conditions, supportive school nutrition environments, and comprehensive school physical activity programs. This data can help youth-serving professionals in Indiana to gain both a broader scope and scrutiny into our Hoosier youth needs, health concerns, and much more in hopes of bolstering their successes and/or addressing any short-falls that have prevailed.

Speaker: Kate Schedel, MPH - Indiana Department of Health



After years of working overseas, Kate Schedel is committed to improving infant, child, adolescent, and maternal in Indiana. She is passionate about identifying gaps and improving the health of Hoosiers through programming and evaluation and is currently serving as the Programs Director for the Division of Maternal and Child Health at the Indiana Department of Health. She holds a bachelor's degree from the University of Michigan and a Master of Public Health degree from Yale University. Kate is an avid reader, enjoys working on home improvement projects, dreams of travel after COVID-19, and loves being an aunt.

Speaker: Lindsay Williams, MPH - Indiana Department of Health



Lindsay Williams is an Adolescent Health Administrator for the Indiana Department of Health. In recent years, Lindsay has spent her time helping children and families improve their lives through skills building, with a focus on trauma informed care and strength-based approaches. In 2019, Lindsay spent a month in Fish Eagle Point, Tanzania, and taught local children English and History at the secondary schools. Lindsay is passionate about improving adolescent health and identifying ways that Indiana can support and empower adolescents to make choices within their care. Lindsay has a bachelor's degree from Purdue University and a Master of Public Health degree from Purdue University. In her free time, Lindsay likes to spend time with family, go outside with her dogs, and travel.

School Health Starts with the Community

Schools are the hub for nutrition and wellness. As you start to think about your Local Wellness Policy, consider adopting the Whole School, Whole Community, Whole Child Approach (WSCC). The WSCC model reflects the community by involving other stakeholders' perspectives. Whether you are a parent, school administrator, or food service director, join us as we talk about community health.

Speaker: Tarrah Westercamp, MS, RDN, SNS - No Kid Hungry Indiana



Tarrah Westercamp is the current Indiana Manager for No Kid Hungry. Tarrah has worked in school nutrition for over 9 years. Her experience is gleaned from working at the state and local level as a school district dietitian for various sized school districts. Tarrah holds a Master Degree in Food and Nutrition from Ball State University. Tarrah is involved with the Academy of Nutrition and Dietetics Indiana affiliate as the Public Policy Coordinator. In her free time, she enjoys spending time with her husband, being outside, and drinking coffee.

Speaker: Vickie Coffey - RBB Edgewood Schools



Vickie Coffey is the Nutrition Services/Healthy Schools Director at RBB Edgewood Schools in Ellettsville. Besides Nutrition Services Director, she wears many hats for RBB including the Healthy Schools Chair, United Way Campaign Facilitator, Survey and Focus Group Chair for the school district's Marketing Team. She's a certified Serv Safe Instructor and Proctor and has received the Franklin Leading Light Award for RBB Healthy Schools Culture. Feeding kids healthy filling foods from the food truck in her community makes her happy. In her free time, she spoils her husband with home cooked meals, spoils the fur babies, Jaggie the dog and Reggie the cat, with anything they want and is anxiously awaiting grandchildren. She is a retired ZUMBA instructor, but still likes to attend class to shake off some stress.

Speaker: Ashley Heller –Indiana Department of Education



Ashley Heller is a School Nutrition Specialist with the Indiana Department of Education, School and Community Nutrition Division, where she is a part of the Training and Resource Development Team. On this team, Ashley works with special dietary needs, training development and implementation, resource creation, wellness policies, farm to school, helping onboard new SNP sponsors, professional standards hiring requirements, and more. Ashley loves helping assist schools in obtaining clarity in how they can best run their programs and make a lasting impact on their students through nutrition.

Speaker: Jenna Sperry, MPH - Indiana Department of Health



Jenna Sperry has served as the Child Wellness Coordinator in the Division of Nutrition and Physical Activity at the Indiana Department of Health since September of 2021. Jenna previously completed her Bachelor of Science in Public Health at Indiana University in 2019 and her Master of Public Health at the University of Wisconsin-Milwaukee in 2021. In the past, she has interned with IU Health's GOAL (Get Onboard Active Living) program and the Marion County Public Health Department. As Child Wellness Coordinator, Jenna is responsible for promoting strategies in Indiana's educational settings (e.g., schools as well as early care and education settings) that enhance child wellbeing among those aged 0-17. Feel free to contact Jenna at isperry@isdh.in.gov for information or assistance regarding child wellness strategies such as school wellness policies and councils, school physical activity programs (e.g., classroom physical activity breaks, active recess), nutrition environment enhancements (e.g., school gardens, classroom parties), family and community wellness engagement, or educator/staff wellness initiatives.

Speaker: Lacy Wilson, RDN - Purdue Extension



Lacy Wilson, RDN, is a registered dietitian with extensive experience in community health. She received her bachelor's degree from Southern Illinois University and is receiving her master's degree in Health Education from Purdue University Global. She currently works for Purdue Extension's Nutrition Education Program as a Community Wellness Coordinator and serves as the Farmer Market Specialist. Her career has focused on food access, obesity and chronic disease prevention in Evansville, and she has worked to coordinate multiple efforts to improve policy, systems and environments that influence individual and population behaviors. She is currently the backbone of Healthy Communities Partnership, a countywide partnership supporting healthy eating and active living policy, systems and environmental changes focusing on children 2-17. She has created, maintained, and continues to grow partnerships to expand the reach of obesity and food insecurity prevention efforts in Evansville, which includes working with local schools, health department, universities, and organizations, through her work as a Community Wellness Coordinator.



Monday, June 20, 2022 P.M. Breakout Sessions 2:30 p.m. – 3:45 p.m.



Promoting Healthy Interpersonal Relationships through Educational Programs and School Partnerships

The Healthy Relationships Initiative is a grant-funded research project through Indiana University. The goal of the project is to reduce the risk of sexual violence in rural Indiana by implementing educational programs for elementary and middle school students, teachers, and parents to promote strategies for cultivating healthy relationships. In collaboration with school leaders and community-based organizations, early intervention strategies are implemented to educate youth and adults on preventative measures related to cybersafety, consent, bodily autonomy, interpersonal boundaries, and nonviolent communication. This session will engage attendees in a collaborative conversation that will discuss methods of developing educational content to promote relational health, building partnerships with schools, and creating programs that aim to foster safer communities.

Speaker: John Leman, BS - Indiana University



John is a second-year student in the M.S.Ed program in Mental Health Counseling and Counselor Education at Indiana University. He serves as the Research Coordinator for the Healthy Relationships Initiative. Prior to enrolling in this program, he worked as a special education teacher at Carroll Middle School in Fort Wayne, Indiana. He hopes to continue his education after his completion of this program by pursuing a PhD in Counseling Psychology.

Speaker: Alex Persons, M.S.Ed - Indiana University



Alex is in his last semester of the Mental Health Counseling Master's program at Indiana University. Originally born in Saratov, Russia, and raised in Atlanta, Georgia, he has worked in various settings from private practice to college counseling centers. Currently, he is working as a graduate research assistant with the Healthy Relationships Initiative and is working at a substance use center on campus at IU. He intends to pursue a PhD in Counseling Psychology after the conferral of his Master's.

Speaker: Benjamin Maddock, BA – Indiana University



Ben is a second year Mental Health Counseling and Counselor Education Master's student at Indiana University and research assistant with the Healthy Relationships Initiative. Prior positive experiences in a social roles research lab and work at his local Boys and Girls Club are the driving forces behind his interest in studying human behavior. Guided by his compassion and drive for interaction, helping others and bringing people healing is what brings Ben life. He plans to work in a private practice setting with children and victims of childhood trauma, and eventually pursue a PhD in Counseling Psychology.

Compassion Fatigue: Time to Heal and Build Resiliency

The purpose of this session is to enable the learner to understand what compassion fatigue is, how to heal it, and how to prevent it. Those working with our youth are heroes, masters of much while simultaneously holders of many hard and emotional stories. Now is the time to focus on healing and resilience. First, the learner will understand what holding these emotional stories can do to our autonomic nervous system. After understanding what is happening in our bodies, the learner will be taken through five resiliency steps to heal the compassion fatigue and understand how to prevent future fatigue in themselves and others. Only through healing can you continue to be all that you are to our youth.

Speaker: Lindsay Kusy, LMHC, CCTP, CCFP, CAGCS - Cummins Behavioral Health



Lindsay Kusy is a Licensed Mental Health Counselor, Certified Clinical Trauma Professional, Certified Compassion Fatigue Professional, and Certified Advanced Grief Counseling Specialist. Lindsay is a graduate of the University of Indianapolis with a BA in 2003 and a Master of Arts, Clinical Psychology in 2006. Lindsay's clinical background includes providing behavioral therapy through the Medicaid Waiver, directing an outpatient clinic, creating and directing an Intensive Behavioral Intervention program for a children's residential facility, revitalizing and directing behavioral supports statewide with a Waiver provider, supervising school-based programming through a CMHC, and currently trains educators and community partners on mental health with Cummins Behavioral Health.

Nuts and Bolts of Creating Supportive Spaces

During this session participants will brainstorm the types of supportive spaces they might create and talk to students and staff about how this center has transformed our school. Participants will be able to participate in a Live Q and A session with staff and students from Sackets Harbor.

Speaker: Jennifer Berie - Sackets Harbor Support Center



Jennifer Berie is currently the co-director of the Sackets Harbor Support Center as well as the Edge Spanish Instructor for Jefferson Community College. Jennifer began teaching in 1992 as an itinerant Spanish teacher for Jefferson-Lewis BOCES in Sackets Harbor Central School and Copenhagen Central School. In 1995 she became a full-time Spanish teacher at Sackets Harbor Central. She was a part-time adjunct Spanish instructor 2011-2014 at Jefferson Community College.

Jennifer obtained her Bachelor of Arts in Spanish education from SUNY Cortland in 1992. She completed her Masters in Reading from SUNY Potsdam in 1994. Jennifer was recognized as a Teacher of Excellence by New York State Senator Patty Ritchie in 2013. She also received the 2014 New York State Union of Teachers Community Service Award.

Speaker: Amy Fiedler-Horack – Sackets Harbor Central School District



Amy D. Fiedler-Horack is the K-12 Principal, Director of Special Education, Director of Technology and Chief Data Protection Officer for the Sackets Harbor Central School District. Amy has served in this role since August 2018. Prior to joining the team at Sackets Harbor, Amy began her teaching career as an elementary teacher. She then went on to become a Literacy Collaborative Coach. After completing her administrative coursework, she became a District Data Coordinator for the Central New York Regional Information Center. She then became the principal of the 6:1:1 middle and high school exceptional education program at CiTi, Oswego County BOCES. Amy then served as the principal for Minoa Elementary at the East Syracuse Minoa Central School District.

Amy obtained a Bachelor of Science in Elementary Education and a master's degree in Literacy Education from SUNY-Oswego. She maintains permanent teaching licenses in Elementary Education as well as Reading Education. She completed the Primary Literacy Collaborative Program at The Ohio State University to become a certified Primary Literacy Collaborative Coach. She also completed the Leadership Academy at MCLA and earned her School Building Leader License.

Improving Vaccination Rates in the LGBTQ Population by Addressing Barriers to Medical Care

The purpose of this presentation is to improve learner knowledge about the inequities in health care that exist for those in the LGBTQ population, the barriers that these patients face in the medical system, and strategies that providers could employ to foster more equitable health care services for the LGBTQ population.

Dennis Fortenberry, MD, MS - IU School of Medicine



Dr. J. Dennis Fortenberry is Professor of Pediatrics at Indiana University School of Medicine. He served as Division Chief from 2015 – 2020. He also holds an adjunct appointment in epidemiology in the Fairbanks School of Public Health and is a member of the Center for Sexual Promotion at Indiana University. Dr. Fortenberry is a member of the World Professional Association for Transgender Health, the Society for Adolescent Health & Medicine, the International Academy for Sex Research, the American STD Association, and the Society for Scientific Study of Sex. He is past president of the International Academy for Sex Research, and past president of the American STD Association, a fellow of the Society for Scientific Study of Sex, and past chair of the Board of Directors of the American Sexual Health association.

Lisa K Robertson, MPH - Indiana Immunization Coalition



Lisa Robertson received her undergraduate degree from Hanover College in 1996 and her Master of Public Health from IUPUI in 2002. Lisa Robertson spent 11 years as the Executive Director of Reach Out and Read Indiana. In 2013, Lisa accepted the position as the Executive Director of the Indiana Immunization Coalition. The mission of the coalition is to reduce the spread of vaccine preventable disease. This is done through education, resource development, advocacy and outreach.

Increasing Access to Healthcare through Technology

Accessing healthcare can be difficult for families for a variety of reasons. Schools are a natural environment to connect uninsured and underinsured families who may be living without access to services due to concerns of affordability and/or the uncertainty of where to turn for help. Unfortunately, the communication bridge between families and social service agencies can crumble as communication attempts fail and/or referrals are simply lost over time. Our speakers will share how they have created a referral method that is interactive and allows consumers to provide details to eliminate risk of failed attempts. The speakers will also share how this new technology has allowed them to track application and enrollment assistance efforts and detail referral encounters from start to finish.

Jessica Devine, BS - Indiana Rural Health Association



Jessica joined the Indiana Rural Health Association in 2020. She is the Data Coordinator for the Connecting Kids to Coverage-Indiana program and the Upper Midwest Telehealth Resource Center. Jessica was previously the Project Coordinator for the Rural Indiana Suicide Evaluation and Education network. She earned her Bachelor of Science degree in Public Health from Purdue University. Jessica is passionate about technology for increasing access to care and improving quality of life, especially through integrating biomedical engineering and computer science with healthcare.

Ann McCafferty - Indiana Rural Health Association



Ann McCafferty serves the Indiana Rural Health Association as the Connecting Kids to Coverage-Indiana Program Director. Ann has worked in both the private and public health setting for over twenty-five years. Ann is a Department of Insurance Indiana Navigator, Indiana Federally Facilitated Marketplace Certified Application Counselor, State Health Assistance Program Counselor, and Certified Community Health Worker.

Collette Rhoads, BS - Indiana Rural Health Association



Collette Rhoads joined the Indiana Rural Health Association in August of 2019. She is a licensed Indiana Navigator and Project Coordinator for the Connecting Kids to Coverage grant. She earned her Bachelor of Science degree in Criminal Justice and an Associate degree in Sociology from the University of Southern Indiana. Her previous experience was with the Department of Child Services of Indiana and Debra Corn Foster Care. Collette is passionate about helping families in rural communities and increasing the awareness of resources available to them through community outreach.

Addressing the Youth Vaping Epidemic in Indiana

The tobacco industry has a long history of targeting youth by aggressive marketing including price promotions and flavored products. In 2018, Indiana saw dramatic increases in e-cigarette use across middle and high school students. Between 2016-2018, e-cigarette use nearly doubled to 5.5% among middle schoolers and 18.5% among high schoolers, matching national trends. In response, Vape-Free Indiana (VFI) was launched, a three-pronged approach to address the youth vaping epidemic: prevention, public education, and cessation. One preventative measure includes comprehensive tobacco-free school policies with alternatives to suspension for violations, such as counseling and education. Using punitive measures like suspension and expulsion to penalize students is unjust, given the targeted marketing, science of addiction, and long-term consequences associated with punitive measures. Additionally, VFI offers cessation resources, helping students end their tobacco dependence, and connects youth to Indiana's youth empowerment movement VOICE, which engages, educates, and empowers youth to celebrate a tobacco-free lifestyle.

Speaker: Andrew Derry, MA - Indiana Department of Health



Andrew joined the TPC staff in 2017 and serves as the Director of Community Programs for the Indiana State Tobacco Control Program. He has provided technical assistance and training to local tobacco control coordinators and coalitions in Indiana, as well as statewide grantees. Andrew has developed curriculums around the topic of multicultural competency and an expertise at providing specialized training. He has over 10 years of experience in public health and wellness work. Andrew holds a master's degree in Wellness Management from Ball State University and a bachelor's degree from Central Michigan University. He resides in Indianapolis with his husband Tyler and dog Zazu.

Speaker: Brandy Paul, MPH – Indiana Department of Health



Brandy Paul serves as the Tobacco Epidemiologist for the Tobacco Prevention and Cessation division within the Indiana Department of Health (TPC, IDOH). She is responsible for conducting analysis with federal-, state- and local-level surveillance programs, including Behavioral Risk Factor Surveillance System (BRFSS) and the Indiana Youth Tobacco Survey (IYTS). Her work covers multiple topics, including tobacco-related health disparities, supporting enforcement of tobacco laws concerning the sale of tobacco products to youth, and assisting those using tobacco in cessation. Brandy holds a Master of Public Health degree from Indiana University and a Bachelor of Arts degree in anthropology from Purdue University.

Speaker: Stacy London - Indiana Department of Health



Stacy London serves as the Statewide VOICE Coordinator for the Tobacco Prevention and Cessation division within the Indiana Department of Health. She is responsible for direction in the development, implementation, and coordination of initiatives designed to monitor and reduce youth and young adult initiation and use of tobacco products, including the statewide VOICE program.

Speaker: Melina Rivera, MPH - Indiana Department of Health



Melina Rivera serves as the Youth Program Manager for the Tobacco Prevention and Cessation division within the Indiana Department of Health. She is responsible for direction in the development, implementation, and coordination of initiatives designed to monitor and reduce youth and young adult initiation and use of tobacco products.

Integrating Wellness into Your School Strategies for Success

The purpose of this panel session is to demonstrate how the Metropolitan School District of Pike Township created a structured approach to implementing its School Wellness Policy in part by leveraging healthy best practices related to good nutrition and physical activity. Panelists will describe how administration and school building personnel at elementary, middle and high schools implemented school health improvement and became the only Indiana district to secure Bronze level recognition for all school buildings from the Healthy Schools Program of the Alliance for a Healthier Generation. The panel will describe district activities and structural supports for success and what it takes to accomplish it at a school building level. The moderator will describe the support process and resources Jump IN for Healthy Kids provided through its Jump Right Up program. Participants will have opportunities to ask questions about how panelists accomplished the objectives and learn about barriers and solutions.

Speaker: Julie Burns, BA - Jump IN for Healthy Kids



Julie has been CEO of Jump IN for Healthy Kids since 2017 and served previously as head of program operations, utilizing a strong background in operations, health care, and employer wellness to help shape and launch Jump IN's initiatives. Julie has been a consultant focusing on strategic planning, human resources, operations and logistics, with executive roles at Haelan Group—an Indianapolis wellness industry start-up—and at M-Plan, an Indianapolis health plan. Julie's results-oriented approach and diverse experiences have contributed to Jump IN's evolving work to promote systems-level change in environments that affect child health.

Speaker: Larry Young, PhD - MSD Pike Township



During his 24-year professional career in the MSD of Pike Township, Dr. Larry D. Young, Jr. has served in multiple positions: teacher, assistant principal, principal, Director of Student and Community Services, Director of Elementary Education, Assistant Superintendent of Operations, and Interim Superintendent. It has been a true pleasure and honor for Dr. Young to serve the MSD of Pike Township in his current role as Interim Superintendent. As a Pike High School alumnus, leading the school district, in which he attended, has been a unique and tremendously gratifying opportunity to serve the community that he loves and cherishes.

Speaker: Kurt Benjamin, MS - MSD of Pike Township



Kurt Benjamin is originally from the Bay Area in California. She received her B.S. in Physical Education from San Jose State University where she met her husband. They have two daughters that are in education as well. She has been an educator for over 30 years, with the majority of her experience being in school administration. Currently she is an assistant principal at Pike High School where she is also the Physical Education/Health Department Chairperson, ENL Department Chairperson, Wellness Coordinator, and Adult S.E.L. Team Coordinator. She also mentors young women at Pike High School through the group called S.T.Y.L.E. (Strong, Talented, Young Ladies, Empowered).

Speaker: Kaitlyn Rose - MSD of Pike Township



Kaitlyn Rose serves as the Assistant Principal of New Augusta Public Academy South in the MSD of Pike Township in Indianapolis. As an elementary-level building leader, it is her mission to work collaboratively with all stakeholders to ensure every individual student has the needed resources and supports to succeed. Over the last few years, it has been more important than ever to focus on wellness for their students, staff, and families. As a district, they encourage physical activity, self-care, and a focus on the social-emotional wellbeing of everyone in our community.

Speaker: Johnathan Dawkins - MSD of Pike Township



Johnathan Dawkins is an Educator, Coach and Mentor to many youths in the Indianapolis area. Johnathan was born in Los Angeles, California. After high school he attended Alabama A and M University where he received his Bachelor of Science Degree in Physical Education. He taught in the Huntsville area for five years before moving to the Indianapolis area in 2012. Johnathan worked in the Charter School System for 3 years before joining the Pike Team in 2015 and has work the last 7 years. Johnathan attended Indiana State University for his master's degree program where he graduated in December 2021.

Steps Toward Health: Safe Routes to School 101

Bicycle and pedestrian crash rates remain high in Indiana, even as Hoosiers strive to be more physically active during the pandemic. In some communities, walking or bicycling to school is unsafe due to missing or incomplete sidewalks, crosswalks, and bike lanes, or posted roadway speeds are too fast to feel safe and comfortable. This restricts people, like children, from walking or biking safely to school. Childhood health outcomes based on the zip code where you grew up do not have to equate to life-long chronic illness. Safe Routes to School efforts focus resources on populations and neighborhoods that need it the most. Building on the Safe Routes to Schools framework, participants will learn how to incorporate physical activity into daily school life. This presentation will be centered on SRTS concepts that promote equity, and physical, social, and mental health benefits of using physical activity to safely get to school.

Speaker: Marjorie Hennessy, LEED AP ND - Health by Design



Marjorie (she/her) grew up in sunny Orlando, Florida. She holds a bachelor's degree in Ecology and master's degree in Landscape Architecture from the University of Florida. She has worked in academia, architecture land planning firms, and the non-profit sectors. Her educational and professional adventures have taken her from Florida to South America, up to Southeast Alaska and places in between before settling down in Indianapolis. Marjorie is a LEED AP for Neighborhood Development and is passionate about the stewardship of our cityscapes and natural landscapes. Her focus is on responsible, equitable and sustainable planning practices that create, shape, and define our communities, connect neighborhoods, and ensure the long-term walkability, livability, and viability of our communities.

Speaker: Kimberly Irwin, MPH - Health by Design



Kim Irwin (she/her) has served as the Executive Director of Health by Design since 2008. Health by Design is a coalition working at the intersection of the built environment and public health, collaborating across sectors and disciplines to ensure Indiana communities have neighborhoods, public spaces and transportation infrastructure that promote active living for all. Since January 2019, Health by Design has also provided management services to the Indiana Public Health Association, which builds capacity among public health professionals and partners to achieve health equity and well-being for all across the state of Indiana. Ms. Irwin guides the strategic direction, partnership development and programmatic, operational, and financial management of both organizations. She has a Master of Public Health from the Indiana University School of Medicine (IUSM) Department of Public Health and an undergraduate degree from Northwestern University. She is a member of the Governor's Public Health Commission, and she volunteers with the League of Women Voters of Indianapolis.

Speaker: Taylor Firestine, MUD - Health by Design



Taylor Firestine (he/him) is a Walk & Bike Program Coordinator at Health by Design. In this role, Taylor routinely collaborates with a range of industry professionals in areas like transportation planning, engineering, public policy, healthcare, and nonprofit management. Chief among his responsibilities, Taylor works to build awareness, understanding, and capacity to address health equity through responsible land use and multimodal transportation accessibility. In his spare time, Taylor serves as a member of the Indianapolis Cultural Trail Young Professionals Board and volunteers as an Adopt-A-Block Captain with Keep Indianapolis Beautiful. Taylor holds a BA in Urban Planning and Development and a Master of Urban Design, both from Ball State University's College of Architecture and Planning.



Tuesday, June 21, 2022 A.M. Breakout Sessions 10:45 a.m. – 12:00 p.m.



A Roadmap for Centering Equity in School Health Practices

A strong value for Equity-focused work must be combined with targeted evidenced-based actions. In this session, Dr. Azziz will share tips for ensuring your personal and organizational actions support the achievement of goals related to Equity.

Speaker: Dr. Renae Azziz, NCSP - Virtuoso Education Consulting



Dr. Renae Azziz is the Founder and Director of Virtuoso Education Consulting. Renae received her undergraduate and school psychologist training from Indiana University and earned her Doctorate in Education at The Johns Hopkins University. She and her team support public and private sector clients in systems change efforts through inclusive, research-based, and data-focused strategies.

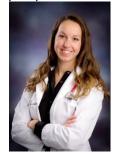
Before starting Virtuoso Education Consulting, she practiced as a School Psychologist in Indiana and worked on several grants funded by the Indiana Department of Education. Previous Indiana Governor, Mitch Daniels, appointed Dr. Azziz to serve on the Governor's Commission on Disproportionality in Youth Services, which resulted in several legislative outcomes.

Renae is the author of numerous journal articles and professional development resources geared toward supporting practitioners with meet the needs of their clientele through a lens of Equity.

Reimagining Care Coordination through Technology

The purpose of this session is to enable the learner to help evaluate, implement and efficiently utilize an electronic health record for the health office. It will also demonstrate an innovative approach to close care gaps and coordinate services identified or provided through school health professionals to ensure payers, providers, districts and parents have the complete scope of a student's physical, mental and social determinants of health(SDoH). Managed Health Services (MHS), an Indiana health coverage provider, has partnered with SchoolCare, a health technology company, to coordinate care for under-resourced, pediatric populations by working with local school nurse offices in Indiana.

Speaker: Megan Carlson, MSN, RN, PPCNP-BC - Indianapolis Public Schools



Experienced Chief Nursing Officer with a demonstrated history of working in the medical practice industry. Skilled in Public Health Nursing and Health Care Management, Nursing Education, Community Health Centers, and School-based Healthcare. Strong business development professional with a M.S. Degree focused in Nursing from West Virginia University.

Speaker: Elizabeth "Liz" Sons, CCHW - Managed Health Services



Elizabeth Sons is the School-Based Service Administrator for MHS, and her role includes supporting school-based health clinics, collaborating on telehealth initiatives and overseeing the MHS Adopt-a-School Program. A Certified Community Health Worker (CCHW), Elizabeth received her Bachelor of Arts from Butler University. Originally from Mitchell, Ind., Elizabeth is a member and current chairwoman of the Indiana Healthy Schools Action Team, working to empower WSCC efforts through advocacy, collaboration and information sharing. She currently resides in Indianapolis with her husband and son. She enjoys spending time with her family, baking, and going on walks with their boxer dog, Izzie.

Speaker: Cam Wigton - SchoolCare



Cam Wigton is a technology and education sales executive with 15 years of direct sales, management, strategic alliance experience. For the last 2 years, he has served as the partnership's executive for SchoolCare. SchoolCare connects K-12 schools with the healthcare ecosystem to facilitate convenient, high quality, no cost healthcare for children and their families through Care Coordination with leading health plans. Our electronic health record technology is also offered at no-cost to schools and families.

School-Based ABA Treatment: A Win-Win Approach to Inclusive Behavioral Health

School-based Applied Behavior Analysis (ABA) treatment is a win-win approach to the inclusive behavioral health needs of children with Autism Spectrum Disorder (ASD). When practiced effectively in the natural environment of the school corporation, ABA treatment can promote effective communication, social skills and reductions in problem behaviors. However, currently this approach is only being implemented on a case-by-case basis. This session will examine the benefits to inclusive ABA as well as some of the barriers to inclusive ABA. We will discuss the basic structure of how services are funded and provided. We will offer a model to help clarify the roles and responsibilities for both the ABA providers and the school and classroom where treatment will be provided. Lastly, we will discuss the shared positive outcomes that can result when this model is adopted by schools.

Speaker: Ann Baloski, MA, BCBA - BehaviorWorks



Ann Baloski is the founder and CEO of BehaviorWorks, Naturally ABA, where she oversees the Clinical ABA Operations, School-based Programs and Waiver Behavior Support Services. Ann is the former President of the Hoosier Association for Behavior Analysis (HABA) and was a member of the advisory board for Indiana Medicaid ABA policy development. Ann has worked as both an Adjunct Professor and Research Associate at Ball State University. Ann is a graduate of Western Michigan University's Applied Behavior Analysis program and is a strong advocate for meaningful public policy, women in leadership, and the benefits of inclusive Natural Environment Teaching for children with Autism Spectrum Disorder (ASD).

Speaker: Allison Smith, BS, RBT - BehaviorWorks



Allison Smith is the Operations Manager for BehaviorWorks, where she oversees hiring and on-boarding of staff and new client interests and on-boarding. Allison is well versed in the "ins and outs" of commercial and state funded insurance plans which allows our families to get the most accurate and up to date information regarding authorizations and claims from one source. Allison is a graduate from Ball State University, where she earned a B.S. in Elementary Education with a Mathematics concentration. Allie was an elementary school teacher prior to moving into ABA. She is an RBT with 10 years of experience and advanced to a RBT Trainer role. Allison has also worked with schools across the state to train Special Education Teachers on how to utilize ABA practices in a classroom setting. Allison has a passion for best practice ABA and inclusive treatment models.

Family to Family-Breaking Through Barriers to Breakthroughs in the Classroom

This presentation will be divided into 2 sections: **1**. "About us": who we are, what Family-to-Family and Parent-to-Parent organizations are, and what our role is in supporting families/providers. We will discuss our current community partnerships, projects, training opportunities, and other ways we partner with and empower families. **2**. A facilitated discussion/roundtable to build partnerships and improve: barriers to care, collaboration among families and educators, and outcome-oriented processes and accommodations. We strive to build relationships with educational staff at all levels. Participants should expect to actively participate in open discussion about the challenges they experience when preparing and participating in Individualized Education Assessment, Planning, Development and Implementation activities.

Speaker: Christine Hennessy, BA - Indiana Family to Family



Christine Hennessy is the Director of Training and Special Initiatives. INF2F is the designated Indiana Health Information Center. She represents the family experience on coalitions and grant-funded research projects aimed at program development, professional training, and quality improvement for systems of care. She sits on committees concentrated on policy change, advocacy, and overall improvement in the lives of Indiana families. Christine directs services to individuals, families, and professionals requiring peer assistance, resources, and training to care for children with additional health and education needs. Christine has 15+ years experience in Medicaid Waiver Program as a direct support provider, case manager and Director for a Case Management organization.

Speaker: Holly Wheeler, MSc - Indiana Family to Family



Holly Wheeler is the Executive Director of Indiana Family to Family. Prior to INF2F, she was assistant director of Partnership for a Healthy Hamilton County and coordinator of Smoke-free Hamilton County. An Ohio native, Holly served as statewide affiliate coordinator of Ohio On the Move. She brings an understanding of system-level healthcare from her experiences at TriHealth, and nonprofit development from her time as fundraiser for United Way of Greater Cincinnati. After moving to Indiana, she built a freelance writing business, contracting for various publications. Holly is married and has two daughters. She enjoys exercising, reading, and gardening.

2022 School Health Legislation Updates

This session will present important information on legislation related to school health that was under consideration during the 2022 Indiana General Assembly, as well as updates on federal legislation. Discussion will cover legislation that was passed into law and future advocacy opportunities. Also included will be a detailed walkthrough of the journey of a specific piece of legislation, which will serve as an example of the impact of intervening through advocacy efforts.

Speaker: Mark Fairchild, MSW, LSW - Covering Kids & Families of Indiana



Mark Fairchild has a graduate degree in Social Work from Ohio State University where he was awarded a leadership fellowship that gave him his first glimpse into public policy work. Mark's professional background is in collaborative social services efforts, from grassroots organizing to leadership of statewide organizations. He has worked with youth and adults with developmental challenges, children with behavioral difficulties and in child abuse prevention. Over the past decade, he has been a registered lobbyist working with legislators and stakeholders at the Indiana Statehouse during the legislative session. Mark currently works as the Director of Policy and Communication for Covering Kids & Families of Indiana, where he advocates for healthcare coverage and strong and inclusive public policies.

OUTCOMES (Organizing and Unifying to Collaborate on Mental Health in Educational Systems)

Participants will gain knowledge around the importance of building stronger relationships in the four public school districts in Morgan Co. We will share roles of each provider and the needs of each individual school to increase client and family mental health care. Participants will understand how positive communication impacts the relationships with school administrators and community organizations to implement successful school-based mental health models.

Speaker: Elizabeth Stirn, MSW, LCSW - Adult & Child Health



Elizabeth Stirn, MSW, LCSW is the Assistant Director of School Based Services for Adult and Child Health. Liz graduated with her MSW from Indiana University School of Social Work in 2009 where she focused on school social work. Liz has focused her career in community mental health the last 12.5 years while working in several south side school districts. Liz has worked in various roles within A&C and has focused on professional growth working as a therapist, lead clinician, school-based supervisor, and now Assistant Director serving Johnson, Shelby and Morgan County. Her leadership and relationships with schools along with passion to serve youth promotes the A&C model of providing quality behavioral health services in both schools and the community. Liz was awarded NASW 2020 Social Worker of Year in Region 7 after successful implementation of new programs and collaborative efforts.

Speaker: Keylee M. Wright, MA - Kendrick Foundation



Keylee Wright is the Kendrick Foundation's first Executive Director. In this role, Keylee manages the day-to-day operations of the Kendrick Foundation, leads the Board of Directors in establishing the strategic plan and other key initiatives, provides direction and guidance to grantees, promotes the work of the Kendrick Foundation, and represents the Kendrick Foundation at Morgan County community functions. Keylee completed a master's degree in Wellness Management and Applied Gerontology from Ball State University in 2007. She worked for the ISDH, either as a state employee or contractor, for almost 15 years, specifically in cancer prevention and control from 2008 through 2019. The Indiana Public Health Association named Keylee a public health hero in 2014, and she received the Indiana Cancer Consortium's highest honor — Outstanding Contributions to Cancer Control — in 2015.

Speaker: Kelsey Balch, LMHC - Adult & Child Health



Kelsey Balch is the Team Leader for Morgan County/Mooresville School Based Team with Adult and Child Health. Kelsey leads the growing team in providing quality mental health services to students. She works closely with the Kendrick Foundation regarding supportive grant services within Morgan County schools. Kelsey completed her master's degree in Clinical Mental Health Counseling from Eastern Illinois University in 2015. She worked at Hamilton Center, Inc. prior to starting at Adult and Child Health in 2016. Since being with A&C, Kelsey has served in various roles across the school-based service line including staff therapist, lead clinician, and now team leader. Kelsey is on the School Based Youth Clinical Council, the Core Team for implementing a new electronic medical record, a training improvement work group, and outside of the agency participates in the Morgan County Mental Health Task Force.

Speaker: Kristin Everett, MSW, LSW - Adult & Child Health



Kristin Everett is a therapist with Adult & Child Health, where she has been serving her community for over 9 years. During her time at A&C she has had the opportunity to work with the School-Based Program, the Homeless and Housing Resource Team, and as a part of the Wraparound Program, supporting the highest risk youth in the community. Additionally, Kristin spent 5 years on the Training Team where she provided clinical support to new hires and veteran staff. Currently, she provides school-based mental health services to the Monroe-Gregg School District in Monrovia, IN. Providing school-based services to children and their families has become the true passion of her career. Kristin has received her Bachelor of Psychology from Ball State University and her Master of Social Work from IUPUI.

Speaker: Kari Mann, MSEd, LMHCA - Adult & Child Health



Kari Mann, LMHCA, LSC, is the School Based Therapist for Adult and Child Health at John R. Wooden Middle School in Martinsville, IN. In December of 2020, Kari graduated with a master's in Counseling Education from Indiana University. In January, she completed her licensure as a school counselor and shortly after, became certified as a licensed mental health counseling associate. In the past, Kari served as Lieutenant Governor of Kiwanis, President of the Mooresville Chamber of Commerce and on the board of directors for the Boys and Girls Club of Morgan County and the Morgan County Leadership Academy. Currently she serves on the IUPUI Counseling Education Advisory Committee. In October of 2021, she organized a fundraiser for suicide prevention and awareness in Morgan County, raising over \$13,000 for the American Foundation for Suicide Prevention.

Speaker: Elizabeth Christmas - Youth First, Inc.



Elizabeth Christmas is Director of Social Work with Youth First, Inc. She holds an MSW from the University of Southern Indiana and has been a licensed clinical social worker for almost 15 years and a licensed clinical addictions counselor for 12 years. She worked as a Youth First Social Worker for 15 years, serving in various schools in Southern Indiana. She is a community trainer for QPR (Question, Persuade and Refer) and YMHFA (Youth Mental Health First Aid). Her areas of specific interest/focus include suicide assessment and prevention, dealing with ADHD and comorbid conditions, practicing self-care to reduce teacher and counselor burn-out and educating parents on alternative parenting strategies for use with challenging children and adolescents.

Recess Quality - It Matters!

This session will equip participants with real-world strategies to improve elementary recess. Recent research suggests that high-quality recess contributes to executive function, emotional self-control, resilience and positive classroom behavior. Using indicators from Playworks' Great Recess Framework observational tool, participants will consider a new lens through which to view recess quality. Attendees will leave with a free tool allowing them to do a self-assessment of their own recess. During this session, facilitators will lead participants in components of a 'mock recess' - come ready to play!

Speaker: Audrey Hallmann, MSW - Playworks



Audrey Hallmann holds a Bachelor of Social Work degree from Valparaiso University and a Master of Social Work degree with a leadership concentration from Indiana University. She has over 20 years of experience in youth work including direct service, management and partnership development. Audrey started her youth work career in summer resident camps, and her passion lies in the social and emotional development of youth.

Speaker: Abigail Roach, BS - Playworks



Abby Roach is a Certified Trainer with Playworks Indiana and has worked to bring play to the youth of Indiana for the past four years. Abby came to Playworks after spending years working in the camp and after school environment where she saw firsthand the challenges that youth workers and teachers face on a daily basis when trying to leverage play for positive outcomes. Abby has served in many capacities at Playworks and brings that knowledge to her role as trainer. Abby has a Bachelor of Science in Exercise Science from Indiana University.

Speaker: Taylor Glaser, BS - Playworks



Taylor is a program specialist with Playworks Indiana and comes to us with out of school time experience and corporate training experience. Taylor has a Bachelor of Science from Colorado State University Global Campus in Business Administration and is currently working to achieve her Master of Arts in Adult and Community Education as well as Executive Development for Public Service.



Tuesday, June 21, 2022 P.M. Breakout Sessions 2:30 p.m. – 3:45 p.m.



Prevention Education and Overdose Emergency Response Plan

The purpose of this session is to enable the learner to apply a prevention education and overdose emergency response action plan. Drug overdose is the leading cause of accidental death in the U.S. with 93,000 lives lost in 2020. Indiana reported a 37% increase in 2020 with opioids, prescription pain medicine and illicit opioids, contributing to 80% of the overdose deaths. Ages 1524-year-old make up over 11% of all U.S. overdose deaths, and opioid-related overdose deaths in this age group have increased by 500% since 1999, and by as much as 30.7% annually since 2000. This session will review: Prevention education to reduce the risks of prescription opioid misuse and promote mental health and skill development and delay youth substance use; Professional education for school staff to increase knowledge of substance use prevention; How to incorporate overdose emergency response into the school emergency preparedness and response plans.

Speaker: Kourtnaye Sturgeon, BA - Overdose Lifeline, Inc.



Kourtnaye Sturgeon is the Director of Education at Overdose Lifeline, Inc. (ODL) an Indiana nonprofit dedicated to helping individuals, families, and communities affected by the substance use disorder through advocacy, education, and support. Kourtnaye has a BA from Indiana University and worked for twenty years for a leading global education company. She joined ODL in 2015 - helping to develop adult continuing education and training programs and a youth opioid education program.

Speaker: Jeanette Craw - Overdose Lifeline, Inc.



Jeanette Craw, Director of Administration, is the newest member of the Executive Team at Overdose Lifeline, Inc. She comes to the organization with over 20 years in the field of education. She worked as a biology teacher and then in school administration. She has bachelor's degree in business from Indiana University, later became licensed in secondary science education from Indiana University and then obtained a master's degree from Ball State University in School Leadership. In addition, Jeanette has experience in business ownership, workforce education, and human resources. In her role, Jeanette is responsible for program management, education management, and assisting with operations. Jeanette lives in Noblesville, Indiana and has 3 adult children and 1 granddaughter. Jeanette lost her oldest daughter, Hannah, to an accidental overdose in fall 2021. Since then, it has become her passion to help support other families affected by substance use disorder which aligns perfectly to the mission of Overdose Lifeline, "To carry the message of hope to individuals, families, and communities affected by the disease of addiction."

The Impact of Positive Childhood Experiences and Creating These in Schools

Participants will learn a strength based, trauma informed approach to address social drivers of health, encourage development of socio-emotional health of young children through linkages to community resources and connections. This will build skills for education teams to identify family strengths and needs, promote resilience and positive childhood experiences (PCEs). Finally, this information will alleviate education team burnout by developing team-based approaches to addressing complex student and family needs through creation of PCEs and positive educational outcomes. Teams will learn to engage with community resources to develop systems to address social-emotional development, social drivers of health, adverse childhood experiences (ACEs), and toxic stress through creation of Positive Childhood Experiences.

Speaker: Sarah Stelzner, MD - Indiana Chapter of the American Academy of Pediatrics



The focus of my academic career has been developing programs in Community Pediatrics and promoting team based care in the medical home model: the Anne E. Dyson Community Pediatrics Training Initiative grant to teach pediatric residents how to create medical homes as well as partner with families and communities using inter-professional education and practice; the Community Rotations for first and second year pediatric residents; building relationships within the Latino community to better serve the patients and families in my clinical practice; the Our Kids Our Community Advanced Training with interdisciplinary cadre of faculty, a year-long curriculum to provide advanced training for pediatric urban clinician educators utilizing a comprehensive and collaborative educational approach to improve the skills and competencies of primary care pediatricians necessary to provide transformative team-based care to underserved population using innovative and effective teaching methods for learners.

Speaker: Hadley Moore - Communities in Schools Indiana



Hadley Moore Vlahogeorge had 14 years of experience serving as a teacher and a school administrator prior to accepting the Executive Director role at Communities in Schools of Indiana. After graduating from Purdue University with a BA in English and Classical Studies, she began her educational career as a 2007 Teach for America corps member in the Baltimore City Public Schools. She received her master's from the Johns Hopkins School of Education where she has since worked as an adjunct instructor. Upon returning to Indianapolis, she taught high school English at Brebeuf Jesuit Preparatory School before earning a Woodrow Wilson MBA Fellowship and completing that coursework at the University of Indianapolis. She was an assistant principal in the Indianapolis Public Schools prior to her most recent position as the Dean of Students at Hamilton Southeastern High School. As a school leader, Hadley knows firsthand how the life of a child can be impacted by the assistance and encouragement of active and engaged community members and resources- like those provided by CIS of Indiana- and she is honored to lead such an impactful organization.

Speaker: Brenda Wolfe, Ed.D. - Wheeler Elementary



Brenda Wolfe received her Ed.D. from Indiana University and her B.S. and M.S. from Ball State University. Her background is in early childhood education and school reform with experience in elementary education. Brenda has worked in urban, suburban, rural and private schools throughout her career. She retires in June 2022 as the principal of Wheeler Elementary in Speedway.

Showcasing Impacts of Multi-Tiered Interventions Within Indiana Schools

Project AWARE has impacted over 140,000 students across the state of Indiana to date. In this presentation, we will provide examples of effective multi-tiered interventions using stories collected from Project AWARE demonstration sites within Indiana. We will explore student and family experiences with mental health supports in their schools including how they have interacted with multiple tiers of support, the benefits of those supports, and what could be improved or is currently missing from this continuum.

Sarah Allison, BSPH - Indiana Department of Education



Sarah Allison received her Bachelor of Science in Public Health with a concentration in Community Health Sciences and with a Minor in Sociology from Indiana University. Sarah currently serves as the Project AWARE II Specialist at the Indiana Department of Education where she works to improve mental health workforce and infrastructure within Indiana Schools in order to promote student wellbeing. Sarah has experience helping young people in substance misuse treatment as both a case manager and adolescent/young adult guidance specialist, and taught health education prior to coming to the State of Indiana. Sarah served as the Project AWARE Mental Health Coordinator at the Division of Mental Health and Addiction before joining IDOE. Sarah is a trained group facilitator for the Center for Mind Body Medicine and is also a Master Naturalist.

Jess Yoder, B.Ed., MPH - Indiana Department of Education



Jess Yoder received her B.Ed. from Purdue University and worked as an elementary school teacher for six years in Indianapolis. She then received her master's degree in Public Health from Indiana University with a focus on Administration. She worked at the Indiana State Department of Health as the Childhood Obesity Program Coordinator, receiving guidance from the CDC and other school health experts around the country to provide assistance to Indiana schools on a variety of school health topics. Jessica now works at the Indiana Department of Education as the Project AWARE Specialist. With funding from the Substance Abuse and Mental Health Services Administration (SAMHSA), Jessica supports the agency's development of resources and professional development to increase mental health services, awareness and prevention in schools along with social and emotional learning. This project supports implementation in eleven demonstration districts to solicit insight, data and guidance for statewide implementation. She is also a trained facilitator for the Center for Mind Body Medicine and lives in Indianapolis with her husband and daughter.

Healing Through Growth: Youth Gardening, Generational Trauma, and Community Empowerment

The purpose of this session is to encourage participants to create more inclusive and trauma-informed learning environments utilizing farm to school programming. Indiana Department of Health presenters, Megan Paskey and Jenna Sperry, will walk through foundational principles of trauma-informed care, farm to school programming, and how they complement one another. Victoria Beaty, the Executive Director of Growing Places Indy, will describe the Grow Getters Program, which supports high school youth through a summer agriculture program while also providing them with real-world experience and career readiness skills. Often serving food insecure students, the Grow Getters program is rooted in breaking the poverty cycle and exposing students to career opportunities in agriculture, while building long-term economic self-reliance and food security. The Grow Getters program is rooted in trauma-informed principles that work to repair generational- and community-level trauma.

Victoria Beaty, BA - Growing Places Indy



Victoria Beaty is the Executive Director of Growing Places Indy, a nonprofit organization empowering individuals to cultivate personal, family, and community wellness through urban agriculture since 2009. Today, the organization operates four urban farms across Indianapolis, equaling nearly two acres and two greenhouses in year-round production, and provides a number of programs focused on food access and developing the next generation of urban farmers. The organization accomplishes this through a four-pronged approach focused on urban agriculture, access to fresh local foods, food justice, and entrepreneurship.

Megan Paskey, MPH, MS - Indiana Department of Health



Megan Paskey is the Community Food Systems and Farm to School Coordinator in the Division of Nutrition and Physical Activity at the Indiana Department of Health. There she works with community partners to strengthen community food systems across the state, focusing on farmers markets and healthcare settings. Additionally, Megan leads the Indiana Grown for Schools Network, Indiana's Farm to School Network, to increase farm to school activities around the state and support local economies.

Jenna Sperry, MPH – Indiana Department of Health



As the Child Wellness Coordinator with the Indiana Department of Health's Division of Nutrition and Physical Activity, Jenna is responsible for promoting overall child (ages 0-17) health and wellbeing in Indiana's educational settings (e.g., schools, as well as early care and education providers). Jenna focuses on promoting strategies such as school wellness policies and councils, school physical activity programs (e.g., classroom physical activity breaks, after-school walking clubs), nutrition environment enhancements (e.g., creating a school garden, classroom parties), and educator/staff wellness initiatives.

Where are We with Childhood Vaccines in 2022

The purpose of this session is to overview where we have been during the pandemic and to look ahead to where we are going in 2022 and beyond with childhood vaccines – catching up, keeping current and continuing to positively impact the children of Indiana.

Dave McCormick - Indiana Department of Health



Dave McCormick is the Director of the Indiana Immunization Division at the Indiana State Department of Health. In that role, Dave leads a team of public health professionals committed to eliminating vaccine preventable diseases by working with approximately 900 healthcare providers to deliver over \$80,000,000 of publicly funded vaccine. Dave currently serves on the Executive Committee for the Association of Immunization Managers and on the Executive Board of the American Immunization Registry Association.

Tami Johnson - Indiana Department of Health



Tami Johnson is the Immunization Assessment and Promotion Director for the Indiana Immunization Division at the Indiana Department of Health. In that role, she leads a team of public health professionals including the Data Surveillance, Quality Improvement, Public Health Associates and Clinical Team for the Division. This team is committed to developing, implementing and evaluating health-focused evidence based public health activities to improve vaccination coverage including outreach, education, data analysis, research, policy/system changes and quality management initiatives. Ms. Johnson has also worked as a Field Specialist and Director of Field Operations for the Vaccines for Children Program. In 2018, she was nominated for a Indiana Immunization Public Health Advocate Award for the Division.

Gina Bindley, BSN, RN - Indiana Department of Health



Gina Bindley is a Registered Nurse and the Chief Nurse Consultant for the Immunization Division at the Indiana Department of Health. In this role she provides clinical leadership for internal and external immunization program staff, immunization providers, school nurses and other partners as well as collaborates with the agency's Chief Medical Officer to serve as a resident authority for vaccine-related issues including serving as the Vaccine Safety Coordinator for the Adverse Event Reporting System (VAERS). In addition, she conducts outreach activities with pharmacy and school/education partners and provides support to their initiatives as well as disseminates mass messaging communications to share information and educate targeted audiences.

Kayla Murphy, MPH - Indiana Department of Health



Kayla Murphy currently works as the Immunization Data and Surveillance Coordinator for the Indiana Department of Health. In this role she assesses and analyzes Indiana's vaccination data in order to improve vaccination coverage throughout the state. Kayla, an Indiana native, graduated from Indiana University Bloomington in 2018 with a B.S in Biochemistry and then graduated with her master's degree in Public Health with a concentration in Epidemiology from IU's Richard M. Fairbanks School of Public Health in 2021. Kayla is passionate about preventative care and disease prevention, especially when it comes to underserved communities.

How to Achieve the Impossible

In this session motivational magician Billy Riggs reveals the secrets to breaking through self-imposed barriers to success, which he calls "Grand Illusions." The five keys to shattering these misconceptions and reaching new levels of success are revealed by a master of the impossible.

Billy Riggs, MRE, MDIV, CSP - Billy Riggs, Master of Enchantment, Entertainment and Empowerment



Billy Riggs was voted one of America's Top Five Most Entertaining Speakers in a nationwide poll. As an orator Billy was awarded the prestigious Certified Speaking Professional. Add in his talents as a master magician, comedian, and entertainer, and he delivers a memorable presentation. Using magic, comedy and illusions to drive home his message. Billy's presentations have transformed hundreds of otherwise ordinary conferences into events that are truly special. His quick wit and quicker hands spread laughter and raise morale as listeners learn to reshape their destinies by eliminating their "Grand Illusions" and embracing even grander realities.

Becoming Legacy-Driven: Effectively Navigating Chronic Stress & Burnout

"The single most important skill you must have to lead is the ability to tell your own story."
- Bo Eason

We all have a story to tell and a person waiting to hear it so that it may set them free. As professionals, we are inundated with many responsibilities that often derail us from staying in alignment with our talents & ultimately our purpose. Every day we meet with challenges waiting to rob us from creating our lasting legacy. In this interactive keynote, each participant will rediscover their strengths, identify common symptoms of burnout that plague professionals, and gain recognition of how to develop their own voice to reach the H.E.A.R.T of the communities they serve.

Jasmin Haley, RDH, MSDH, CDA - Beyond the Prophy LLC



Jasmin Haley is a nationally recognized keynote speaker, podcaster, author, and consultant dedicated to helping you find your inner voice and the confidence to climb on stage totally naked (vulnerability wise!) and share your message in a way that transforms your audience. As a New Yorker born into a family where resources were scarce, Jasmin blazed her path from a determined young healthcare student to a multiple six figures entrepreneur with nothing but her audacious character, infectious laugh, and a calling to share her message. Today Jasmin shares her transformative message on stages and platforms around the country. Her inclusive message in burnout, becoming legacy-driven, and how to create presentations that reach the HEART have impacted the lives of her audience members and transformed the professionals she has coached to business growth and successful speaking careers.